Categoria: W21

(Lunghezza 1800 m - Dislivello 75 m - Kmsf 2,55)

Pos.	Nome	Società	Tempo
1	ANNE Edwards	TVOC	00.23.53
2	YICHING Huang	CTOA	00.27.49
3	KATRI Haataja	TROL	00.28.07
4	PINAR Basol	Istanbul Orienteerin	00.30.13
5	RIKKE Kofoed	CopenhagenO	00.34.17

Pos.																															
1	36	1	01:38	47	3	00:43	44	1	02:08	43	1	00:51	32	1	02:16	33	1	00:30	35	1	00:58	46	1	01:57	45	5	06:36	37	2	01:23
	1		00.01.38	1		00.02.21	1		00.04.29	1		00.05.20	1		00.07.36	1		00.08.06	1		00.09.04	1		00.11.01	1		00.17.37	1		00.19.00
	100	5	01:28	40	3	00:52	41	1	00:22	42	1	01:19	100	2	00:45	CL	2	00:07												
	1		00.20.28	1		00.21.20	1		00.21.42	1		00.23.01	1		00.23.46	1		00.23.53												
2	36	3	04:42	47	4	00:51	44	3	02:41	43	3	01:09	32	3	02:48	33	3	00:40	35	2	01:11	46	3	02:54	45	4	02:37	37	4	01:51
	3		00.04.42	3		00.05.33	3		00.08.14	3		00.09.23	3		00.12.11	3		00.12.51	3		00.14.02	2		00.16.56	2		00.19.33	2		00.21.24
	100	2	01:15	40	4	01:01	41	3	00:24	42	5	02:55	100	1	00:43	CL	2	00:07												
	2		00.22.39	2		00.23.40	2		00.24.04	2		00.26.59	2		00.27.42	2		00.27.49												
3	36	4	05:50	47	2	00:39	44	2	02:38	43	5	01:23	32	4	03:13	33	3	00:40	35	3	01:15	46	4	03:33	45	2	02:16	37	3	01:39
	4		00.05.50	4		00.06.29	4		00.09.07	4		00.10.30	4		00.13.43	4		00.14.23	4		00.15.38	3		00.19.11	3		00.21.27	3		00.23.06
	100	3	01:17	40	2	00:46	41	4	00:27	42	3	01:35	100	3	00:51	CL	1	00:05												
	3		00.24.23	3		00.25.09	3		00.25.36	3		00.27.11	3		00.28.02	3		00.28.07												
4	36	2	03:02	47	1	00:37	44	5	04:00	43	1	00:51	32	2	02:40	33	5	01:05	35	5	01:33	46	5	08:02	45	3	02:22	37	1	01:21
	2		00.03.02	2		00.03.39	2		00.07.39	2		00.08.30	2		00.11.10	2		00.12.15	2		00.13.48	4		00.21.50	4		00.24.12	4		00.25.33
	100	1	01:08	40	1	00:42	41	1	00:22	42	2	01:28	100	3	00:51	CL	4	00:09												
	4		00.26.41	4		00.27.23	4		00.27.45	4		00.29.13	4		00.30.04	4		00.30.13												
5	36	5	06:31	47	5	02:50	44	4	02:50	43	4	01:13	32	5	04:07	33	2	00:38	35	4	01:16	46	2	02:52	45	1	01:59	37	5	03:45
	5		00.06.31	5		00.09.21	5		00.12.11	5		00.13.24	5		00.17.31	5		00.18.09	5		00.19.25	5		00.22.17	5		00.24.16	5		00.28.01
	100	4	01:21	40	5	01:20	41	5	00:44	42	4	01:39	100	5	01:01	CL	5	00:11												
	5		00.29.22	5		00.30.42	5		00.31.26	5		00.33.05	5		00.34.06	5		00.34.17												

Categoria: M40

(Lunghezza 1800 m - Dislivello 75 m - Kmsf 2,55)

Pos.	Nome	Società	Tempo
1	MICHAEL Sorensen	CopenhagenO	00.15.57
2	DAVID Løver	Modum OL	00.20.43
3	ROBERT Fredriksen	Notodden OL	00.23.07
4	LARS ERIK Gjein	Fossum IF	00.25.04
5	ALI Basol	Istanbul Orienteerin	00.25.15
6	JÖRG Ulver	Ulu's Reisewelt	00.29.17

Pos.																															
1	36	1	01:23	47	6	00:32	44	1	01:36	43	3	00:49	32	1	02:05	33	1	00:23	35	1	00:46	46	3	01:59	45	1	01:38	37	2	01:16
	1		00.01.23	1		00.01.55	1		00.03.31	1		00.04.20	1		00.06.25	1		00.06.48	1		00.07.34	1		00.09.33	1		00.11.11	1		00.12.27
	100	1	00:52	40	1	00:27	41	1	00:17	42	4	01:13	100	1	00:40	CL	1	00:01												
	1		00.13.19	1		00.13.46	1		00.14.03	1		00.15.16	1		00.15.56	1		00.15.57												
2	36	3	02:10	47	2	00:27	44	2	02:13	43	3	00:49	32	5	03:36	33	7	02:06	35	2	00:48	46	1	01:55	45	2	01:44	37	1	01:14
	3		00.02.10	3		00.02.37	2		00.04.50	2		00.05.39	2		00.09.15	5		00.11.21	5		00.12.09	3		00.14.04	2		00.15.48	2		00.17.02
	100	2	00:58	40	2	00:36	41	3	00:20	42	1	00:58	100	2	00:41	CL	5	00:08												
	2		00.18.00	2		00.18.36	2		00.18.56	2		00.19.54	2		00.20.35	2		00.20.43												
3	36	6	03:51	47	4	00:28	44	4	02:34	43	1	00:42	32	2	02:18	33	3	00:29	35	3	00:50	46	5	03:08	45	4	01:51	37	4	01:26
	6		00.03.51	6		00.04.19	5		00.06.53	5		00.07.35	3		00.09.53	2		00.10.22	2		00.11.12	4		00.14.20	3		00.16.11	3		00.17.37
	100	7	02:18	40	4	00:41	41	7	00:37	42	2	01:03	100	4	00:44	CL	3	00:07												
	3		00.19.55	3		00.20.36	3		00.21.13	3		00.22.16	3		00.23.00	3		00.23.07												
4	36	2	01:49	47	2	00:27	44	5	02:54	43	6	01:13	32	7	03:43	33	2	00:24	35	5	01:20	46	1	01:55	45	7	04:08	37	3	01:20
	2		00.01.49	2		00.02.16	3		00.05.10	3		00.06.23	4		00.10.06	3		00.10.30	3		00.11.50	2		00.13.45	4		00.17.53	4		00.19.13
	100	3	01:04	40	6	01:58	41	2	00:18	42	6	01:29	100	6	00:53	CL	6	00:09												
	4		00.20.17	4		00.22.15	4		00.22.33	4		00.24.02	4		00.24.55	4		00.25.04												
5	36	5	03:35	47	5	00:31	44	3	02:22	43	2	00:48	32	3	02:55	33	6	00:38	35	4	01:07	46	7	04:27	45	3	01:45	37	5	01:37
	5		00.03.35	5		00.04.06	4		00.06.28	4		00.07.16	5		00.10.11	4		00.10.49	4		00.11.56	5		00.16.23	5		00.18.08	5		00.19.45
	100	6	02:15	40	3	00:38	41	6	00:30	42	4	01:13	100	5	00:47	CL	3	00:07												
	5		00.22.00	5		00.22.38	5		00.23.08	5		00.24.21	5		00.25.08	5		00.25.15												
6	36	4	02:40	47	7	00:43	44	6	03:44	43	7	01:32	32	6	03:41	33	5	00:37	35	6	01:30	46	6	03:58	45	6	02:27	37	7	02:08
	4		00.02.40	4		00.03.23	6		00.07.07	6		00.08.39	6		00.12.20	6		00.12.57	6		00.14.27	6		00.18.25	6		00.20.52	6		00.23.00
	100	4	01:22	40	5	01:00	41	4	00:29	42	7	02:24	100	6	00:53	CL	6	00:09												
	6		00.24.22	6		00.25.22	6		00.25.51	6		00.28.15	6		00.29.08	6		00.29.17												

...Categoria: M40

Pos.	Nome	Società	Tempo
7	SAMO Kofol	OK Trzin	00.30.55

36	7	05:09	47	1	00:23	44	7	03:55	43	5	00:59	32	4	03:15	33	4	00:33	35	7	04:07	46	4	02:01	45	5	01:59	37	6	01:53
7	00.05.09	7	00.05.32	7	00.09.27	7	00.10.26	7	00.13.41	7	00.14.14	7	00.18.21	7	00.20.22	7	00.22.21	7	00.24.14										
100	5	02:07	40	7	02:12	41	4	00:29	42	3	01:08	100	3	00:42	CL	2	00:03												
7	00.26.21	7	00.28.33	7	00.29.02	7	00.30.10	7	00.30.52	7	00.30.55																		

Categoria: M50

(Lunghezza 1600 m - Dislivello 75 m - Kmsf 2,35)

Pos.	Nome	Società	Tempo
1	KLAS Nilsson	Ulu's Reisewelt	00.17.31

34	1	01:05	47	10	01:35	44	6	02:37	43	2	00:51	32	2	02:13	35	3	01:25	51	1	01:11	45	1	01:18	100	7	01:57	40	5	00:42
1	00.01.05	3	00.02.40	3	00.05.17	1	00.06.08	1	00.08.21	1	00.09.46	1	00.10.57	1	00.12.15	1	00.14.12	1	00.14.54										
41	1	00:21	42	2	01:16	100	6	00:52	CL	6	00:08																		
1	00.15.15	1	00.16.31	1	00.17.23	1	00.17.31																						

2	ULU Aeschlimann	Ulu's Reisewelt	00.18.55

34	3	01:20	47	1	01:18	44	1	02:09	43	10	02:33	32	1	02:11	35	2	01:24	51	8	02:05	45	3	01:25	100	3	01:33	40	1	00:36
3	00.01.20	1	00.02.38	1	00.04.47	8	00.07.20	4	00.09.31	4	00.10.55	5	00.13.00	5	00.14.25	2	00.15.58	2	00.16.34										
41	1	00:21	42	1	01:08	100	5	00:49	CL	3	00:03																		
2	00.16.55	2	00.18.03	2	00.18.52	2	00.18.55																						

3	BJÖRN INGEMAR Reger	Söders OL Tyresö	00.19.27

34	4	01:30	47	5	01:28	44	9	02:55	43	7	01:04	32	4	02:38	35	9	01:41	51	3	01:27	45	6	01:34	100	5	01:48	40	6	00:44
4	00.01.30	5	00.02.58	7	00.05.53	7	00.06.57	5	00.09.35	5	00.11.16	4	00.12.43	4	00.14.17	4	00.16.05	3	00.16.49										
41	5	00:23	42	5	01:27	100	3	00:44	CL	4	00:04																		
3	00.17.12	3	00.18.39	3	00.19.23	3	00.19.27																						

4	TORGEIR Strand	Fana IL	00.20.05

34	4	01:30	47	4	01:23	44	2	02:18	43	8	01:08	32	5	02:44	35	5	01:30	51	7	01:51	45	9	01:46	100	6	01:50	40	8	00:59
4	00.01.30	4	00.02.53	2	00.05.11	3	00.06.19	3	00.09.03	3	00.10.33	3	00.12.24	3	00.14.10	3	00.16.00	4	00.16.59										
41	7	00:26	42	7	01:39	100	8	00:53	CL	6	00:08																		
4	00.17.25	4	00.19.04	4	00.19.57	4	00.20.05																						

5	ØYVIND Schjelderup	Freidig	00.20.11

34	6	01:37	47	7	01:29	44	8	02:50	43	3	00:54	32	8	03:42	35	6	01:31	51	4	01:41	45	10	01:51	100	1	01:21	40	2	00:37
6	00.01.37	7	00.03.06	8	00.05.56	6	00.06.50	7	00.10.32	7	00.12.03	6	00.13.44	6	00.15.35	5	00.16.56	5	00.17.33										
41	6	00:25	42	6	01:35	100	1	00:36	CL	1	00:02																		
5	00.17.58	5	00.19.33	5	00.20.09	5	00.20.11																						

6	DONATAS Kazlauskas	SAULE	00.21.14

34	7	01:42	47	2	01:20	44	4	02:22	43	6	00:58	32	3	02:28	35	8	01:40	51	2	01:13	45	4	01:28	100	9	04:00	40	3	00:39
7	00.01.42	6	00.03.02	5	00.05.24	4	00.06.22	2	00.08.50	2	00.10.30	2	00.11.43	2	00.13.11	6	00.17.11	6	00.17.50										
41	1	00:21	42	9	02:02	100	6	00:52	CL	9	00:09																		
6	00.18.11	6	00.20.13	6	00.21.05	6	00.21.14																						

7	VLADIMIR Belskiy	VKO	00.22.15

34	2	01:18	47	3	01:21	44	7	02:44	43	3	00:54	32	10	06:08	35	1	01:19	51	5	01:47	45	6	01:34	100	2	01:28	40	10	01:07
2	00.01.18	2	00.02.39	4	00.05.23	2	00.06.17	9	00.12.25	8	00.13.44	8	00.15.31	8	00.17.05	8	00.18.33	8	00.19.40										
41	1	00:21	42	3	01:21	100	4	00:47	CL	5	00:06																		
8	00.20.01	7	00.21.22	7	00.22.09	7	00.22.15																						

8	RUNE Stræte	Wing OK	00.22.57

34	8	01:58	47	9	01:34	44	2	02:18	43	1	00:45	32	7	03:35	35	7	01:34	51	10	02:59	45	5	01:32	100	4	01:43	40	4	00:41
8	00.01.58	8	00.03.32	6	00.05.50	5	00.06.35	6	00.10.10	6	00.11.44	7	00.14.43	7	00.16.15	7	00.17.58	7	00.18.39										
41	8	00:27	42	10	03:09	100	2	00:40	CL	1	00:02																		
7	00.19.06	9	00.22.15	8	00.22.55	8	00.22.57																						

9	MARTINS GHEORGHE	Senza Società	00.23.09

34	11	03:43	47	8	01:33	44	4	02:22	43	5	00:57	32	9	03:58	35	4	01:28	51	5	01:47	45	2	01:22	100	8	02:19	40	7	00:47
11	00.03.43	10	00.05.16	10	00.07.38	10	00.08.35	10	00.12.33	9	00.14.01	9	00.15.48	9	00.17.10	9	00.19.29	9	00.20.16										
41	8	00:27	42	4	01:23	100	9	00:54	CL	9	00:09																		
9	00.20.43	8	00.22.06	9	00.23.00	9	00.23.09																						

10	ZORAN Milovanovic	Senza Società	00.32.22

34	9	02:04	47	5	01:28	44	10	03:01	43	9	01:22	32	6	03:28	35	10	07:39	51	9	02:43	45	8	01:45	100	10	04:24	40	9	01:02
9	00.02.04	8	00.03.32	9	00.06.33	9	00.07.55	8	00.11.23	10	00.19.02	10	00.21.45	10	00.23.30	10	00.27.54	10	00.28.56										
41	10	00:33	42	8	01:44	100	10	01:01	CL	6	00:08																		
10	00.29.29	10	00.31.13	10	00.32.14	10	00.32.22																						

...Categoria: M50

Pos.	Nome	Società	Tempo
-	HANS Granholm	OK Øst Birkerød	Punz. Mancante

34	10	03:11	47	11	31:19	44	11	04:37	32	0	08:01	35	0	02:41	51	0	06:35	45	0	02:41	100	0	04:45	40	0	02:15	41	0	00:52
10	00.03.11	11	00.34.30	11	00.39.07	0	00.47.08	0	00.49.49	0	00.56.24	0	00.59.05	0	01.03.50	0	01.06.05	0	01.06.57										
42	0	05:49	100	0	01:35	PM	-	00:14																					
0	01.12.46	0	01.14.21	11	01.14.35																								

Categoria: M60

(Lunghezza 1400 m - Dislivello 60 m - Kmsf 2,00)

Pos.	Nome	Società	Tempo
1	SIGURD Dæhli	Løten OL	00.15.56

33	1	01:39	35	1	00:50	51	1	01:11	44	1	01:32	43	2	00:47	47	1	02:36	36	4	02:04	37	1	01:00	38	2	00:28	42	1	01:30
1	00.01.39	1	00.02.29	1	00.03.40	1	00.05.12	1	00.05.59	1	00.08.35	1	00.10.39	1	00.11.39	1	00.12.07	1	00.13.37										
41	1	01:04	40	1	00:25	100	1	00:42	CL	2	00:08																		
1	00.14.41	1	00.15.06	1	00.15.48	1	00.15.56																						

2	ARE HARALD Eriksen	OSI	00.25.12

33	3	02:09	35	3	01:07	51	2	01:24	44	2	01:55	43	4	01:02	47	2	02:58	36	5	05:47	37	5	03:59	38	3	00:32	42	2	01:46
3	00.02.09	2	00.03.16	2	00.04.40	2	00.06.35	2	00.07.37	2	00.10.35	3	00.16.22	3	00.20.21	3	00.20.53	3	00.22.39										
41	2	01:15	40	3	00:33	100	1	00:42	CL	1	00:03																		
2	00.23.54	2	00.24.27	2	00.25.09	2	00.25.12																						

3	ARNULF Villmo	Korgen IL	00.33.20

33	4	02:50	35	4	01:08	51	5	03:07	44	4	02:13	43	5	01:10	47	5	08:14	36	1	00:32	37	3	01:41	38	6	05:58	42	5	03:22
4	00.02.50	4	00.03.58	4	00.07.05	4	00.09.18	4	00.10.28	4	00.18.42	4	00.19.14	4	00.20.55	4	00.26.53	4	00.30.15										
41	3	01:21	40	5	00:38	100	3	00:57	CL	3	00:09																		
3	00.31.36	3	00.32.14	3	00.33.11	3	00.33.20																						

4	BENGT Hansson	Säterbygdens OK	00.39.15

33	7	05:00	35	7	01:33	51	4	01:59	44	5	02:30	43	6	01:36	47	6	12:19	36	3	01:22	37	4	02:32	38	5	00:59	42	6	05:39
7	00.05.00	7	00.06.33	5	00.08.32	5	00.11.02	5	00.12.38	5	00.24.57	5	00.26.19	5	00.28.51	5	00.29.50	5	00.35.29										
41	4	01:56	40	4	00:35	100	4	01:06	CL	3	00:09																		
4	00.37.25	4	00.38.00	4	00.39.06	4	00.39.15																						

5	DAG Kristensen	OK Skeidi	00.53.21

33	5	02:55	35	5	01:09	51	6	06:20	44	6	10:26	43	1	00:41	47	3	03:56	36	6	12:38	37	6	07:38	38	1	00:25	42	4	02:25
5	00.02.55	5	00.04.04	6	00.10.24	6	00.20.50	6	00.21.31	6	00.25.27	6	00.38.05	6	00.45.43	6	00.46.08	6	00.48.33										
41	5	02:35	40	2	00:29	100	5	01:33	CL	5	00:11																		
5	00.51.08	5	00.51.37	5	00.53.10	5	00.53.21																						

-	LARS HANGHOJ Petersen	Ballerup OK	Punz. Mancante

33	2	02:05	35	6	01:20	51	3	01:26	44	3	02:08	43	3	00:59	47	4	05:36	36	2	00:36	37	2	01:25	38	4	00:39	42	3	02:15
2	00.02.05	3	00.03.25	3	00.04.51	3	00.06.59	3	00.07.58	3	00.13.34	2	00.14.10	2	00.15.35	2	00.16.14	2	00.18.29										
40	0	01:04	100	0	00:40	PM	-	00:02																					
0	00.19.33	0	00.20.13	6	00.20.15																								

-	MAX Prang	Fredensborg OK	Punz. Mancante

33	6	03:56	35	2	01:05	44	0	04:24	43	0	00:55	47	0	10:11	36	0	01:10	37	0	02:44	38	0	00:40	42	0	02:06	41	0	01:13
6	00.03.56	6	00.05.01	0	00.09.25	0	00.10.20	0	00.20.31	0	00.21.41	0	00.24.25	0	00.25.05	0	00.27.11	0	00.28.24										
40	0	00:34	100	0	00:57	PM	-	00:07																					
0	00.28.58	0	00.29.55	7	00.30.02																								

Categoria: W50

(Lunghezza 1400 m - Dislivello 60 m - Kmsf 2,00)

Pos.	Nome	Società	Tempo
1	YELENA Lippert	VKO	00.24.59

33	4	03:16	35	3	01:28	51	4	02:06	44	3	02:19	43	4	01:26	47	4	05:17	36	2	00:44	37	5	01:37	38	7	01:05	42	3	01:56
4	00.03.16	3	00.04.44	3	00.06.50	3	00.09.09	3	00.10.35	3	00.15.52	2	00.16.36	2	00.18.13	2	00.19.18	2	00.21.14										
41	5	02:07	40	3	00:35	100	1	00:54	CL	3	00:09																		
1	00.23.21	1	00.23.56	1	00.24.50	1	00.24.59																						

2	ÅSE RITA Ellingsen	Wing OK	00.30.47

33	2	02:44	35	2	01:26	51	5	02:11	44	4	02:24	43	6	01:29	47	3	05:10	36	7	07:47	37	1	01:14	38	3	00:42	42	4	02:15
2	00.02.44	2	00.04.10	2	00.06.21	2	00.08.45	2	00.10.14	2	00.15.24	4	00.23.11	3	00.24.25	3	00.25.07	3	00.27.22										
41	1	01:32	40	4	00:38	100	4	01:06	CL	3	00:09																		
2	00.28.54	2	00.29.32	2	00.30.38	2	00.30.47																						

...Categoria: W50

Pos.	Nome	Società	Tempo
3	GRETE Berntsen	Måren OK	00.38.42
4	GALINA Belskay	VKO	00.40.23
5	PÄIVI ANNELI Annila	Tampereen Pyrintö	00.44.57
6	ANNA LENA MARGARETA Mårtensson	SMOL	00.46.04
-	SUSANN MARI LOUISE Lundgren	Stora Tuna OK	Punz. Mancante

Pos.																														
3	33	3	02:57	35	4	02:00	51	6	03:26	44	5	02:39	43	2	01:11	47	7	11:02	36	5	03:29	37	3	01:33	38	5	01:02	42	6	05:12
	3		00.02.57	4		00.04.57	4		00.08.23	4		00.11.02	4		00.12.13	5		00.23.15	5		00.26.44	4		00.28.17	4		00.29.19	4		00.34.31
	41	4	01:54	40	6	00:53	100	5	01:13	CL	5	00:11																		
	3		00.36.25	3		00.37.18	3		00.38.31	3		00.38.42																		
4	33	6	07:42	35	5	02:28	51	1	01:48	44	2	02:16	43	5	01:27	47	5	06:06	36	3	00:54	37	7	06:53	38	6	01:03	42	7	05:47
	6		00.07.42	5		00.10.10	5		00.11.58	5		00.14.14	5		00.15.41	4		00.21.47	3		00.22.41	5		00.29.34	5		00.30.37	5		00.36.24
	41	3	01:52	40	5	00:52	100	2	01:03	CL	6	00:12																		
	4		00.38.16	4		00.39.08	4		00.40.11	4		00.40.23																		
5	33	5	03:56	35	7	14:39	51	3	02:02	44	6	02:44	43	3	01:19	47	6	09:08	36	1	00:27	37	3	01:33	38	2	00:36	42	5	03:45
	5		00.03.56	7		00.18.35	7		00.20.37	7		00.23.21	6		00.24.40	7		00.33.48	6		00.34.15	6		00.35.48	6		00.36.24	6		00.40.09
	41	6	02:32	40	1	00:27	100	6	01:43	CL	2	00:06																		
	5		00.42.41	5		00.43.08	5		00.44.51	5		00.44.57																		
6	33	7	10:34	35	6	03:48	51	7	05:13	44	7	03:00	43	7	06:44	47	2	03:43	36	6	06:00	37	2	01:23	38	4	00:46	42	1	01:22
	7		00.10.34	6		00.14.22	6		00.19.35	6		00.22.35	7		00.29.19	6		00.33.02	7		00.39.02	7		00.40.25	7		00.41.11	7		00.42.33
	41	2	01:49	40	2	00:34	100	2	01:03	CL	1	00:05																		
	6		00.44.22	6		00.44.56	6		00.45.59	6		00.46.04																		
-	33	1	02:12	35	1	01:02	51	2	01:51	44	1	02:05	43	1	01:03	47	1	03:13	36	4	01:01	37	6	01:48	38	1	00:35	42	2	01:52
	1		00.02.12	1		00.03.14	1		00.05.05	1		00.07.10	1		00.08.13	1		00.11.26	1		00.12.27	1		00.14.15	1		00.14.50	1		00.16.42
	40	0	01:15	100	0	00:56	PM	-	00:03																					
	0		00.17.57	0		00.18.53	7		00.18.56																					

Categoria: M65

(Lunghezza 1200 m - Dislivello 50 m - Kmsf 1,70)

Pos.	Nome	Società	Tempo
1	TERJE Wikstrøm	Ringsaker OK	00.13.59
2	GUNNAR Grue-Sørensen	Køge OK	00.15.40
3	KNUT MIKAL Malmo	Ringsaker OK	00.19.10
4	LEO Johansson	Vandrarringen	00.20.05
5	NILS OLAV Vennevik	Freidig	00.22.43
6	ILMARS . Limbens	Sigulda	00.23.23

Pos.																														
1	38	2	01:36	36	2	02:04	34	1	00:42	48	1	00:26	32	1	00:52	39	1	01:49	45	2	02:16	44	3	01:05	50	2	01:02	41	1	01:00
	2		00.01.36	2		00.03.40	1		00.04.22	1		00.04.48	1		00.05.40	1		00.07.29	1		00.09.45	1		00.10.50	1		00.11.52	1		00.12.52
	40	3	00:25	100	1	00:40	CL	1	00:02																					
	1		00.13.17	1		00.13.57	1		00.13.59																					
2	38	1	01:35	36	2	02:04	34	15	01:39	48	4	00:35	32	2	01:02	39	3	02:02	45	1	01:40	44	4	01:11	50	1	00:59	41	7	01:33
	1		00.01.35	1		00.03.39	3		00.05.18	3		00.05.53	2		00.06.55	2		00.08.57	2		00.10.37	2		00.11.48	2		00.12.47	2		00.14.20
	40	4	00:29	100	4	00:44	CL	7	00:07																					
	2		00.14.49	2		00.15.33	2		00.15.40																					
3	38	7	02:09	36	6	02:19	34	6	00:54	48	7	00:40	32	10	02:00	39	4	02:09	45	4	02:23	44	5	01:22	50	8	01:28	41	4	01:29
	7		00.02.09	4		00.04.28	4		00.05.22	4		00.06.02	4		00.08.02	3		00.10.11	3		00.12.34	3		00.13.56	3		00.15.24	3		00.16.53
	40	7	00:32	100	15	01:37	CL	8	00:08																					
	3		00.17.25	3		00.19.02	3		00.19.10																					
4	38	4	01:55	36	8	02:41	34	10	01:10	48	7	00:40	32	11	02:01	39	6	02:34	45	5	02:26	44	8	01:44	50	6	01:22	41	4	01:29
	4		00.01.55	5		00.04.36	5		00.05.46	5		00.06.26	6		00.08.27	4		00.11.01	4		00.13.27	4		00.15.11	4		00.16.33	4		00.18.02
	40	9	00:35	100	14	01:20	CL	8	00:08																					
	4		00.18.37	4		00.19.57	4		00.20.05																					
5	38	9	02:53	36	4	02:10	34	14	01:23	48	3	00:33	32	4	01:39	39	8	02:42	45	7	02:57	44	11	02:30	50	12	01:55	41	11	02:00
	9		00.02.53	7		00.05.03	8		00.06.26	7		00.06.59	7		00.08.38	5		00.11.20	5		00.14.17	5		00.16.47	5		00.18.42	5		00.20.42
	40	12	00:43	100	11	01:07	CL	16	00:11																					
	5		00.21.25	5		00.22.32	5		00.22.43																					
6	38	3	01:39	36	5	02:12	34	3	00:51	48	9	00:41	32	9	01:58	39	16	05:40	45	3	02:19	44	15	04:25	50	3	01:10	41	3	01:14
	3		00.01.39	3		00.03.51	2		00.04.42	2		00.05.23	3		00.07.21	6		00.13.01	6		00.15.20	7		00.19.45	7		00.20.55	6		00.22.09
	40	1	00:22	100	3	00:43	CL	11	00:09																					
	6		00.22.31	6		00.23.14	6		00.23.23																					

...Categoria: M65

Pos.	Nome	Società	Tempo
7	RAIMO Jalonen	MS Parma	00.23.35

38	11	03:17	36	1	01:46	34	6	00:54	48	2	00:32	32	7	01:53	39	15	05:19	45	10	03:28	44	1	01:03	50	10	01:32	41	12	02:39
11	00.03.17	7	00.05.03	6	00.05.57	6	00.06.29	5	00.08.22	7	00.13.41	7	00.17.09	6	00.18.12	6	00.19.44	7	00.22.23										
40	2	00:23	100	4	00:44	CL	4	00:05																					
7	00.22.46	7	00.23.30	7	00.23.35																								

Pos.	Nome	Società	Tempo
8	JAN GAUTE Buvik	Korgen IL	00.24.35

38	13	04:00	36	15	05:13	34	5	00:53	48	5	00:36	32	12	02:22	39	4	02:09	45	11	03:51	44	6	01:31	50	5	01:20	41	2	01:12
13	00.04.00	12	00.09.13	12	00.10.06	10	00.10.42	10	00.13.04	8	00.15.13	8	00.19.04	8	00.20.35	8	00.21.55	8	00.23.07										
40	7	00:32	100	6	00:47	CL	11	00:09																					
8	00.23.39	8	00.24.26	8	00.24.35																								

Pos.	Nome	Società	Tempo
9	JAN OLAV Ormberg	Fana IL	00.28.09

38	10	03:16	36	8	02:41	34	16	02:48	48	13	01:39	32	3	01:38	39	12	03:25	45	12	04:41	44	10	02:13	50	14	02:02	41	9	01:51
10	00.03.16	9	00.05.57	11	00.08.45	9	00.10.24	8	00.12.02	9	00.15.27	10	00.20.08	9	00.22.21	9	00.24.23	9	00.26.14										
40	14	00:44	100	9	01:06	CL	4	00:05																					
9	00.26.58	9	00.28.04	9	00.28.09																								

Pos.	Nome	Società	Tempo
10	LENNART Tägtström	Domnarvet	00.29.20

38	5	01:56	36	10	03:05	34	12	01:13	48	12	01:21	32	15	06:01	39	11	02:53	45	13	05:47	44	9	02:10	50	9	01:31	41	6	01:32
5	00.01.56	6	00.05.01	7	00.06.14	8	00.07.35	11	00.13.36	11	00.16.29	12	00.22.16	11	00.24.26	11	00.25.57	10	00.27.29										
40	15	00:45	100	7	01:02	CL	2	00:04																					
10	00.28.14	10	00.29.16	10	00.29.20																								

Pos.	Nome	Società	Tempo
11	ANDERS Bjørkaas	Askvoll/Holmedal IL	00.33.13

38	12	03:40	36	7	02:30	34	8	01:02	48	14	04:02	32	5	01:46	39	12	03:25	45	14	05:48	44	16	05:35	50	11	01:33	41	10	01:59
12	00.03.40	10	00.06.10	9	00.07.12	11	00.11.14	9	00.13.00	10	00.16.25	11	00.22.13	12	00.27.48	12	00.29.21	11	00.31.20										
40	10	00:39	100	9	01:06	CL	8	00:08																					
11	00.31.59	11	00.33.05	11	00.33.13																								

Pos.	Nome	Società	Tempo
12	ROLF AXEL Gustafsson	Helsingborgs SOK	00.36.08

38	16	11:17	36	12	04:01	34	4	00:52	48	11	01:11	32	13	02:28	39	9	02:43	45	8	03:11	44	13	03:21	50	13	02:00	41	13	02:50
16	00.11.17	16	00.15.18	16	00.16.10	16	00.17.21	15	00.19.49	15	00.22.32	13	00.25.43	13	00.29.04	13	00.31.04	12	00.33.54										
40	16	00:53	100	13	01:11	CL	14	00:10																					
12	00.34.47	12	00.35.58	12	00.36.08																								

Pos.	Nome	Società	Tempo
13	TOR HENNING Gjermstad	Wing OK	00.36.22

38	8	02:13	36	16	08:05	34	11	01:12	48	5	00:36	32	8	01:54	39	7	02:38	45	6	02:53	44	13	03:21	50	15	02:17	41	16	09:34
8	00.02.13	14	00.10.18	14	00.11.30	12	00.12.06	12	00.14.00	12	00.16.38	9	00.19.31	10	00.22.52	10	00.25.09	13	00.34.43										
40	4	00:29	100	8	01:04	CL	6	00:06																					
13	00.35.12	13	00.36.16	13	00.36.22																								

Pos.	Nome	Società	Tempo
14	BÅRD Stang	Modum OL	00.39.10

38	15	09:26	36	11	03:15	34	13	01:18	48	10	01:02	32	6	01:50	39	10	02:51	45	16	12:12	44	7	01:36	50	7	01:27	41	8	01:44
15	00.09.26	15	00.12.41	15	00.13.59	15	00.15.01	14	00.16.51	14	00.19.42	16	00.31.54	16	00.33.30	15	00.34.57	14	00.36.41										
40	11	00:40	100	16	01:40	CL	11	00:09																					
14	00.37.21	14	00.39.01	14	00.39.10																								

Pos.	Nome	Società	Tempo
15	PER LARS Eklund	Forsa OK	00.42.36

38	6	02:01	36	14	04:45	34	2	00:43	48	16	06:24	32	14	02:54	39	2	01:55	45	15	11:16	44	1	01:03	50	4	01:19	41	15	09:00
6	00.02.01	11	00.06.46	10	00.07.29	13	00.13.53	13	00.16.47	13	00.18.42	15	00.29.58	14	00.31.01	14	00.32.20	15	00.41.20										
40	6	00:31	100	2	00:41	CL	2	00:04																					
15	00.41.51	15	00.42.32	15	00.42.36																								

Pos.	Nome	Società	Tempo
16	WERNER PETER Koolmeister	Tampereen Pyrintö	00.51.22

38	14	05:06	36	13	04:12	34	9	01:04	48	15	04:17	32	16	06:14	39	14	04:38	45	9	03:16	44	12	02:34	50	16	09:55	41	14	08:04
14	00.05.06	13	00.09.18	13	00.10.22	14	00.14.39	16	00.20.53	16	00.25.31	14	00.28.47	15	00.31.21	16	00.41.16	16	00.49.20										
40	12	00:43	100	12	01:09	CL	14	00:10																					
16	00.50.03	16	00.51.12	16	00.51.22																								

Pos.	Nome	Società	Tempo
-	MARTTI Alilonttinen	MS Parma	Ritirato

RI	-	00:00																											
17	00.00.00																												

Categoria: W60

(Lunghezza 1200 m - Dislivello 50 m - Kmsf 1,70)

Pos.	Nome	Società	Tempo
1	LIS Dæhli	Løten OL	00.22.20

38	1	01:51	36	4	03:02	34	1	01:04	48	8	02:58	32	4	01:49	39	1	02:05	45	3	03:47	44	1	01:13	50	3	01:31	41	1	01:29
1		00.01.51	4		00.04.53	2		00.05.57	4		00.08.55	3		00.10.44	2		00.12.49	2		00.16.36	1		00.17.49	1		00.19.20	1		00.20.49
40	3	00:35	100	2	00:50	CL	2	00:06																					
1		00.21.24	1		00.22.14	1		00.22.20																					

2	OLGA GUNILLA Hogedal	Vänersborg SK	00.25.15

38	6	02:35	36	8	05:32	34	2	01:06	48	1	00:34	32	1	01:18	39	7	03:41	45	4	04:11	44	2	01:25	50	1	01:19	41	2	01:32
6		00.02.35	7		00.08.07	7		00.09.13	6		00.09.47	4		00.11.05	4		00.14.46	4		00.18.57	3		00.20.22	2		00.21.41	2		00.23.13
40	7	00:48	100	7	01:08	CL	2	00:06																					
2		00.24.01	2		00.25.09	2		00.25.15																					

3	ELLE-MERETHE Melbye	Heming Orientering	00.25.59

38	4	02:07	36	3	02:43	34	9	03:01	48	3	00:42	32	3	01:33	39	5	03:19	45	7	05:25	44	4	01:49	50	3	01:31	41	5	02:11
4		00.02.07	3		00.04.50	4		00.07.51	3		00.08.33	2		00.10.06	3		00.13.25	3		00.18.50	4		00.20.39	4		00.22.10	3		00.24.21
40	3	00:35	100	3	00:53	CL	6	00:10																					
3		00.24.56	3		00.25.49	3		00.25.59																					

4	ANNA KARIN Johansson	Vandrarringen	00.26.12

38	2	01:54	36	1	02:20	34	8	02:24	48	5	00:47	32	2	01:26	39	3	02:37	45	5	04:34	44	8	04:03	50	6	01:47	41	7	02:30
2		00.01.54	1		00.04.14	3		00.06.38	2		00.07.25	1		00.08.51	1		00.11.28	1		00.16.02	2		00.20.05	3		00.21.52	4		00.24.22
40	2	00:34	100	8	01:11	CL	1	00:05																					
3		00.24.56	4		00.26.07	4		00.26.12																					

5	SIRPA Lilja	Modum OL	00.27.29

38	3	01:56	36	2	02:22	34	5	01:22	48	2	00:35	32	8	05:51	39	4	03:03	45	6	04:40	44	7	02:32	50	6	01:47	41	3	01:39
3		00.01.56	2		00.04.18	1		00.05.40	1		00.06.15	5		00.12.06	5		00.15.09	5		00.19.49	5		00.22.21	5		00.24.08	5		00.25.47
40	1	00:31	100	4	01:00	CL	7	00:11																					
5		00.26.18	5		00.27.18	5		00.27.29																					

6	MARGRETE Jørandli	Gjøvard OL	00.32.09

38	7	02:53	36	6	03:35	34	7	01:47	48	4	00:46	32	9	11:21	39	2	02:33	45	1	02:34	44	3	01:47	50	2	01:28	41	3	01:39
7		00.02.53	5		00.06.28	5		00.08.15	5		00.09.01	7		00.20.22	7		00.22.55	7		00.25.29	7		00.27.16	7		00.28.44	7		00.30.23
40	3	00:35	100	6	01:03	CL	5	00:08																					
6		00.30.58	6		00.32.01	6		00.32.09																					

7	REIDUN FALLAN Smaavik	Freidig	00.36.50

38	10	04:37	36	5	03:21	34	4	01:11	48	7	01:08	32	5	01:54	39	8	04:00	45	8	06:10	44	5	01:58	50	8	02:22	41	6	02:26
10		00.04.37	6		00.07.58	6		00.09.09	7		00.10.17	6		00.12.11	6		00.16.11	6		00.22.21	6		00.24.19	6		00.26.41	6		00.29.07
40	8	06:43	100	1	00:49	CL	7	00:11																					
7		00.35.50	7		00.36.39	7		00.36.50																					

8	INGER NORUNN Nergaard	Stokke IL	00.50.30

38	11	16:19	36	9	10:35	34	6	01:46	48	9	03:45	32	6	02:07	39	5	03:19	45	2	03:12	44	6	02:12	50	5	01:36	41	8	03:54
11		00.16.19	8		00.26.54	9		00.28.40	9		00.32.25	9		00.34.32	8		00.37.51	8		00.41.03	8		00.43.15	8		00.44.51	8		00.48.45
40	6	00:37	100	5	01:02	CL	2	00:06																					
8		00.49.22	8		00.50.24	8		00.50.30																					

-	SOLVEIG Gadd	Helsingborgs SOK	Punz. Errata

33	-	11:54	35	-	13:47	51	-	07:37	44	-	04:32	43	-	01:38	47	-	08:07	36	-	01:04	37	-	06:56	38	-	04:16	43	-	04:25
-		00.11.54	-		00.25.41	-		00.33.18	-		00.37.50	-		00.39.28	-		00.47.35	-		00.48.39	-		00.55.35	-		00.59.51	-		01.04.16
42	-	02:57	41	-	02:59	40	-	00:51	100	-	01:26	PE	-	00:12															
-		01.07.13	-		01.10.12	-		01.11.03	-		01.12.29	9		01.12.41															

-	KRISTIL Kristensen	OK Skeidi	Punz. Mancante

38	9	03:45	34	0	14:16	36	0	05:03	34	0	01:06	48	0	00:52	32	0	02:12	39	0	05:59	45	0	06:57	44	0	02:41	100	0	03:54
9		00.03.45	0		00.18.01	0		00.23.04	0		00.24.10	0		00.25.02	0		00.27.14	0		00.33.13	0		00.40.10	0		00.42.51	0		00.46.45
PM	-	00:19																											
10		00.47.04																											

-	BENTE TANGEN Wikstrøm	Ringsaker OK	Ritirato

38	8	03:04	52	0	15:23	44	0	01:06	49	0	01:01	100	0	01:05	RI	-	00:13												
8		00.03.04	0		00.18.27	0		00.19.33	0		00.20.34	0		00.21.39	11		00.21.52												

-	BODIL Klakegg	Kolbotn & Skimt OL	Ritirato

38	12	23:16	36	7	03:52	34	3	01:08	48	6	00:59	32	7	02:20	RI	-	13:23												
12		00.23.16	9		00.27.08	8		00.28.16	8		00.29.15	8		00.31.35	12		00.44.58												

-	JOHANNE LIND Rasmussen	Ballerup OK	Ritirato

38	5	02:20	34	0	16:51	36	0	15:44	34	0	01:34	48	0	00:55	32	0	04:14	100	0	06:09	RI	-	00:09						
5		00.02.20	0		00.19.11	0		00.34.55	0		00.36.29	0		00.37.24	0		00.41.38	0		00.47.47	13		00.47.56						

Categoria: OPEN2

(Lunghezza 1200 m - Dislivello 50 m - Kmsf 1,70)

Pos.	Nome	Società	Tempo
1	STEFAN Ulver	Ulu's Reisewelt	00.35.49

38	1	03:35	36	1	03:58	34	2	02:09	48	1	00:53	32	1	03:24	39	2	04:58	45	2	06:42	44	2	02:38	50	1	02:25	41	1	02:36
1	00.03.35	1	00.07.33	1	00.09.42	1	00.10.35	1	00.13.59	1	00.18.57	1	00.25.39	1	00.28.17	1	00.30.42	1	00.33.18										
40	2	00:54	100	2	01:26	CL	2	00:11																					
1	00.34.12	1	00.35.38	1	00.35.49																								

2	GUZZO Giovanni	AOK - AGROPOLI ORIENTEERI…	00.48.33

38	2	06:03	36	2	07:52	34	1	00:47	48	2	03:52	32	2	06:16	39	1	03:49	45	1	02:56	44	1	01:39	50	2	03:54	41	2	10:16
2	00.06.03	2	00.13.55	2	00.14.42	2	00.18.34	2	00.24.50	2	00.28.39	2	00.31.35	2	00.33.14	2	00.37.08	2	00.47.24										
40	1	00:23	100	1	00:42	CL	1	00:04																					
2	00.47.47	2	00.48.29	2	00.48.33																								

Categoria: M70

(Lunghezza 1300 m - Dislivello 30 m - Kmsf 1,60)

Pos.	Nome	Società	Tempo
1	CLAES RUNE Nideborn	Stora Tuna OK	00.16.34

32	6	03:07	39	11	03:09	51	2	00:41	44	5	02:09	49	3	00:45	41	2	01:06	40	8	00:33	50	1	01:03	37	9	01:32	48	14	01:03
6	00.03.07	4	00.06.16	4	00.06.57	3	00.09.06	3	00.09.51	1	00.10.57	1	00.11.30	1	00.12.33	1	00.14.05	1	00.15.08										
100	1	01:19	CL	7	00:07																								
1	00.16.27	1	00.16.34																										

2	KNUT Skjeset	Vang OL	00.17.40

32	12	05:32	39	5	02:17	51	9	00:48	44	3	02:03	49	1	00:38	41	1	01:01	40	3	00:28	50	4	01:20	37	3	01:05	48	1	00:34
12	00.05.32	7	00.07.49	6	00.08.37	4	00.10.40	4	00.11.18	3	00.12.19	3	00.12.47	3	00.14.07	2	00.15.12	2	00.15.46										
100	13	01:47	CL	7	00:07																								
2	00.17.33	2	00.17.40																										

3	ØIVIND MAGNE Rogndalen	Byåsen IL	00.17.49

32	2	02:15	39	6	02:23	51	10	00:49	44	13	02:28	49	27	01:55	41	4	01:10	40	11	00:34	50	11	01:40	37	19	02:05	48	12	00:58
2	00.02.15	2	00.04.38	2	00.05.27	2	00.07.55	2	00.09.50	2	00.11.00	2	00.11.34	2	00.13.14	3	00.15.19	3	00.16.17										
100	7	01:30	CL	1	00:02																								
3	00.17.47	3	00.17.49																										

4	ANDERS Hurtig	Kvarnsveden Orientering	00.20.30

32	7	03:11	39	17	03:59	51	5	00:43	44	20	03:16	49	12	00:55	41	7	01:22	40	8	00:33	50	21	02:40	37	7	01:18	48	6	00:49
7	00.03.11	6	00.07.10	5	00.07.53	5	00.11.09	5	00.12.04	4	00.13.26	4	00.13.59	5	00.16.39	4	00.17.57	4	00.18.46										
100	9	01:38	CL	5	00:06																								
4	00.20.24	4	00.20.30																										

5	CHARLIE Deweese	WCOC-USA	00.21.41

32	10	04:42	39	16	03:45	51	19	01:02	44	14	02:40	49	10	00:54	41	18	01:56	40	2	00:26	50	18	01:55	37	11	01:44	48	11	00:55
10	00.04.42	8	00.08.27	8	00.09.29	7	00.12.09	7	00.13.03	7	00.14.59	6	00.15.25	7	00.17.20	5	00.19.04	5	00.19.59										
100	8	01:34	CL	9	00:08																								
5	00.21.33	5	00.21.41																										

6	BJØRN Sandelien	Heming Orientering	00.22.20

32	15	06:37	39	7	02:36	51	2	00:41	44	17	03:03	49	6	00:52	41	6	01:16	40	8	00:33	50	17	01:54	37	14	01:49	48	18	01:17
15	00.06.37	12	00.09.13	10	00.09.54	9	00.12.57	9	00.13.49	8	00.15.05	8	00.15.38	9	00.17.32	7	00.19.21	8	00.20.38										
100	9	01:38	CL	2	00:04																								
6	00.22.16	6	00.22.20																										

7	EGIL Repvik	OL Trollelg	00.22.33

32	13	06:22	39	8	02:37	51	15	00:55	44	11	02:22	49	14	00:59	41	9	01:29	40	21	00:43	50	6	01:28	37	22	02:40	48	6	00:49
13	00.06.22	10	00.08.59	10	00.09.54	8	00.12.16	8	00.13.15	6	00.14.44	7	00.15.27	6	00.16.55	8	00.19.35	6	00.20.24										
100	20	01:59	CL	16	00:10																								
7	00.22.23	7	00.22.33																										

8	MAGNUS BROSTRUP Landstad	Freidig	00.22.35

32	14	06:25	39	15	03:35	51	8	00:46	44	10	02:18	49	17	01:03	41	13	01:35	40	11	00:34	50	3	01:13	37	10	01:35	48	22	01:30
14	00.06.25	15	00.10.00	14	00.10.46	11	00.13.04	10	00.14.07	9	00.15.42	9	00.16.16	8	00.17.29	5	00.19.04	7	00.20.34										
100	17	01:55	CL	5	00:06																								
8	00.22.29	8	00.22.35																										

9	ERIC Tenland	Stigmännen	00.23.44

32	9	03:35	39	22	05:05	51	22	01:15	44	17	03:03	49	26	01:35	41	16	01:52	40	23	00:45	50	9	01:34	37	20	02:07	48	10	00:53
9	00.03.35	9	00.08.40	12	00.09.55	10	00.12.58	11	00.14.33	10	00.16.25	10	00.17.10	10	00.18.44	9	00.20.51	9	00.21.44										
100	14	01:50	CL	16	00:10																								
9	00.23.34	9	00.23.44																										

...Categoria: M70

Pos.	Nome	Società	Tempo
10	ROLAND Nilsson	Falköpings AIK	00.24.19
11	TORE Berntsen	Søgne og Songdalen OK	00.26.02
12	TERJE Malm	Hamar o-klubb	00.27.25
13	MAGNE JOHAN Raadal	Fana IL	00.28.24
14	MAGNUS Natås	Bergen TF	00.28.59
15	CARL OVE Berg	OK Skeidi	00.29.15
16	SVERRE Kristoffersen	Verdal OK	00.29.52
17	FRODE KRISTOFFER Stensrud	OL Trollelg	00.31.20
18	LEIF RAGNVALD FLOKE Bredland	Søgne og Songdalen OK	00.32.02
19	ODD Fjordheim	BUL TROMSO	00.32.34
20	LEIF ROALD Røhjell	Byåsen IL	00.34.05
21	LARS IVAR Bergman	OK Fjällstigen	00.36.19

32	3	02:22	39	18	04:14	51	24	02:51	44	6	02:13	49	5	00:49	41	15	01:45	40	24	00:46	50	7	01:33	37	26	04:57	48	4	00:42
3		00.02.22	5		00.06.36	7		00.09.27	6		00.11.40	6		00.12.29	5		00.14.14	5		00.15.00	4		00.16.33	10		00.21.30	10		00.22.12
100	19	01:56	CL	22	00:11																								
10		00.24.08	10		00.24.19																								

32	17	07:40	39	1	01:49	51	27	05:21	44	7	02:14	49	6	00:52	41	3	01:09	40	7	00:32	50	15	01:45	37	1	01:01	48	24	02:07
17		00.07.40	13		00.09.29	17		00.14.50	14		00.17.04	14		00.17.56	12		00.19.05	12		00.19.37	12		00.21.22	11		00.22.23	11		00.24.30
100	4	01:24	CL	9	00:08																								
11		00.25.54	11		00.26.02																								

32	5	02:55	39	24	06:15	51	1	00:32	44	25	05:52	49	20	01:06	41	27	03:25	40	5	00:30	50	5	01:24	37	16	02:01	48	16	01:12
5		00.02.55	11		00.09.10	9		00.09.42	13		00.15.34	13		00.16.40	13		00.20.05	13		00.20.35	13		00.21.59	12		00.24.00	12		00.25.12
100	21	02:04	CL	12	00:09																								
12		00.27.16	12		00.27.25																								

32	4	02:41	39	4	02:16	51	14	00:53	44	26	07:22	49	28	02:07	41	9	01:29	40	11	00:34	50	25	03:31	37	25	04:43	48	5	00:48
4		00.02.41	3		00.04.57	3		00.05.50	12		00.13.12	12		00.15.19	11		00.16.48	11		00.17.22	11		00.20.53	15		00.25.36	13		00.26.24
100	16	01:51	CL	12	00:09																								
13		00.28.15	13		00.28.24																								

32	18	08:01	39	19	04:24	51	28	05:44	44	2	01:58	49	2	00:43	41	5	01:12	40	5	00:30	50	10	01:37	37	4	01:09	48	25	02:14
18		00.08.01	16		00.12.25	21		00.18.09	21		00.20.07	21		00.20.50	18		00.22.02	18		00.22.32	16		00.24.09	13		00.25.18	15		00.27.32
100	1	01:19	CL	9	00:08																								
14		00.28.51	14		00.28.59																								

32	19	10:27	39	9	02:44	51	17	01:00	44	16	03:00	49	15	01:00	41	20	02:08	40	18	00:39	50	24	03:09	37	8	01:22	48	21	01:24
19		00.10.27	17		00.13.11	16		00.14.11	15		00.17.11	15		00.18.11	14		00.20.19	14		00.20.58	15		00.24.07	14		00.25.29	14		00.26.53
100	23	02:12	CL	16	00:10																								
15		00.29.05	15		00.29.15																								

32	8	03:20	39	28	12:09	51	5	00:43	44	14	02:40	49	16	01:01	41	11	01:33	40	21	00:43	50	20	02:04	37	21	02:37	48	15	01:11
8		00.03.20	21		00.15.29	20		00.16.12	17		00.18.52	18		00.19.53	17		00.21.26	17		00.22.09	17		00.24.13	16		00.26.50	16		00.28.01
100	12	01:46	CL	3	00:05																								
16		00.29.47	16		00.29.52																								

32	22	13:16	39	21	05:00	51	7	00:45	44	12	02:26	49	22	01:11	41	12	01:34	40	19	00:40	50	16	01:46	37	16	02:01	48	9	00:51
22		00.13.16	22		00.18.16	22		00.19.01	22		00.21.27	22		00.22.38	21		00.24.12	20		00.24.52	19		00.26.38	19		00.28.39	18		00.29.30
100	11	01:40	CL	16	00:10																								
17		00.31.10	17		00.31.20																								

32	21	11:36	39	10	02:58	51	16	00:59	44	22	03:47	49	21	01:10	41	23	02:14	40	15	00:38	50	23	03:00	37	12	01:48	48	19	01:18
21		00.11.36	20		00.14.34	19		00.15.33	19		00.19.20	19		00.20.30	19		00.22.44	19		00.23.22	18		00.26.22	18		00.28.10	17		00.29.28
100	24	02:20	CL	25	00:14																								
18		00.31.48	18		00.32.02																								

32	11	05:24	39	19	04:24	51	11	00:50	44	27	09:08	49	13	00:58	41	19	02:00	40	27	02:27	50	13	01:41	37	18	02:04	48	23	01:36
11		00.05.24	14		00.09.48	13		00.10.38	20		00.19.46	20		00.20.44	19		00.22.44	21		00.25.11	20		00.26.52	20		00.28.56	19		00.30.32
100	14	01:50	CL	24	00:12																								
19		00.32.22	19		00.32.34																								

32	24	15:23	39	25	06:47	51	19	01:02	44	8	02:16	49	6	00:52	41	8	01:23	40	15	00:38	50	7	01:33	37	6	01:16	48	8	00:50
24		00.15.23	25		00.22.10	23		00.23.12	23		00.25.28	23		00.26.20	22		00.27.43	22		00.28.21	22		00.29.54	21		00.31.10	20		00.32.00
100	17	01:55	CL	16	00:10																								
20		00.33.55	20		00.34.05																								

32	20	10:31	39	13	03:16	51	21	01:12	44	24	03:57	49	10	00:54	41	13	01:35	40	14	00:37	50	11	01:40	37	23	03:40	48	27	06:37
20		00.10.31	19		00.13.47	18		00.14.59	18		00.18.56	17		00.19.50	16		00.21.25	16		00.22.02	14		00.23.42	17		00.27.22	22		00.33.59
100	22	02:06	CL	25	00:14																								
21		00.36.05	21		00.36.19																								

...Categoria: M70

Pos.	Nome	Società	Tempo
22	HANS FREDERIKSEN Nielsen	OK HTF Haderslev	00.36.56

32	27	18:36	39	14	03:18	51	25	03:21	44	4	02:08	49	24	01:14	41	25	02:51	40	4	00:29	50	13	01:41	37	4	01:09	48	3	00:40
27	00.18.36	24	00.21.54	25	00.25.15	24	00.27.23	24	00.28.37	24	00.31.28	24	00.31.57	23	00.33.38	23	00.34.47	23	00.35.27										
100	3	01:20	CL	12	00:09																								
22	00.36.47	22	00.36.56																										

23	GUNNAR Riddervold	Heming Orientering	00.39.52

32	23	13:44	39	27	09:00	51	18	01:01	44	23	03:54	49	22	01:11	41	21	02:09	40	26	00:50	50	26	03:43	37	12	01:48	48	12	00:58
23	00.13.44	26	00.22.44	24	00.23.45	25	00.27.39	25	00.28.50	23	00.30.59	23	00.31.49	25	00.35.32	24	00.37.20	25	00.38.18										
100	4	01:24	CL	16	00:10																								
23	00.39.42	23	00.39.52																										

24	KRISTIAN Midthjell	Verdal OK	00.40.34

32	26	17:26	39	12	03:14	51	26	05:15	44	21	03:20	49	19	01:05	41	16	01:52	40	15	00:38	50	19	02:03	34	0	01:48	48	20	01:20
26	00.17.26	23	00.20.40	26	00.25.55	26	00.29.15	26	00.30.20	25	00.32.12	25	00.32.50	24	00.34.53	0	00.36.41	24	00.38.01										
100	25	02:24	CL	12	00:09																								
24	00.40.25	24	00.40.34																										

25	ROLF ANDERS Skoglund	Hellas orientering	00.45.04

32	28	32:48	39	2	02:05	51	2	00:41	44	1	01:56	49	4	00:46	41	22	02:13	40	1	00:25	50	2	01:05	37	1	01:01	48	1	00:34
28	00.32.48	28	00.34.53	28	00.35.34	27	00.37.30	27	00.38.16	26	00.40.29	26	00.40.54	26	00.41.59	25	00.43.00	26	00.43.34										
100	6	01:25	CL	3	00:05																								
25	00.44.59	25	00.45.04																										

26	JON ROLL Færden	Kolbotn & Skimt OL	00.55.12

32	25	17:03	39	26	08:25	51	23	01:38	44	28	10:49	49	25	01:15	41	26	02:59	40	24	00:46	50	22	02:56	37	24	04:06	48	26	02:33
25	00.17.03	27	00.25.28	27	00.27.06	28	00.37.55	28	00.39.10	27	00.42.09	27	00.42.55	27	00.45.51	26	00.49.57	27	00.52.30										
100	26	02:31	CL	22	00:11																								
26	00.55.01	26	00.55.12																										

-	HANSRUEDI Brand	Ulu's Reisewelt	Punz. Mancante

32	1	02:03	39	3	02:15	51	13	00:51	44	9	02:17	49	6	00:52	40	0	01:07	50	0	02:21	37	0	01:32	48	0	00:40	100	0	01:25
1	00.02.03	1	00.04.18	1	00.05.09	1	00.07.26	1	00.08.18	0	00.09.25	0	00.11.46	0	00.13.18	0	00.13.58	0	00.15.23										
PM	-	00:07																											
27	00.15.30																												

-	TIMO Vienanlinna	Turun Suunnistajat	Punz. Mancante

32	16	07:29	39	23	05:51	51	11	00:50	44	19	03:14	49	18	01:04	41	24	02:32	40	20	00:42	50	27	07:53	37	14	01:49	48	16	01:12
16	00.07.29	18	00.13.20	15	00.14.10	16	00.17.24	16	00.18.28	15	00.21.00	15	00.21.42	21	00.29.35	22	00.31.24	21	00.32.36										
PM	-	02:08																											
28	00.34.44																												

-	ERIC Bucher	Ulu's Reisewelt	Ritirato

RI	-	00:00																								
29	00.00.00																									

-	ØYVIND BERG Egeskog	Stavanger OK	Ritirato

RI	-	00:00																								
30	00.00.00																									

Categoria: W65

(Lunghezza 1300 m - Dislivello 30 m - Kmsf 1,60)

Pos.	Nome	Società	Tempo
1	BERIT Hegdal	Bergen TF	00.19.04

32	1	02:44	39	7	04:25	51	4	00:45	44	4	02:16	49	4	00:53	41	3	01:43	40	4	00:31	50	3	01:21	37	1	01:12	48	6	01:14
1	00.02.44	1	00.07.09	1	00.07.54	2	00.10.10	2	00.11.03	2	00.12.46	2	00.13.17	2	00.14.38	2	00.15.50	2	00.17.04										
100	5	01:51	CL	7	00:09																								
2	00.18.55	1	00.19.04																										

2	GERDA EGELYKKE Christiansen	Køge OK	00.20.00

32	3	03:42	39	8	04:34	51	5	00:49	44	3	02:15	49	2	00:48	41	4	01:44	40	3	00:30	50	2	01:19	37	3	01:17	48	10	01:17
3	00.03.42	4	00.08.16	3	00.09.05	4	00.11.20	4	00.12.08	4	00.13.52	4	00.14.22	4	00.15.41	3	00.16.58	3	00.18.15										
100	4	01:37	CL	2	00:08																								
3	00.19.52	2	00.20.00																										

3	ESTER ANNA MARGARETA Johansson	Halmstad OK	00.21.00

32	5	04:09	39	5	03:13	51	8	01:00	44	1	02:09	49	4	00:53	41	2	01:27	40	5	00:33	50	5	01:33	37	12	03:17	48	8	01:16
5	00.04.09	2	00.07.22	2	00.08.22	3	00.10.31	3	00.11.24	3	00.12.51	3	00.13.24	3	00.14.57	4	00.18.14	4	00.19.30										
100	1	01:22	CL	2	00:08																								
4	00.20.52	3	00.21.00																										

...Categoria: W65

Pos.	Nome	Società	Tempo
4	ANNE-MARIE ELISABETH Holmström	Gustavsbergs OK	00.21.56

32	2	03:02	39	6	04:22	51	18	01:55	44	2	02:10	49	3	00:52	41	11	03:09	40	7	00:40	50	1	01:17	37	2	01:15	48	5	01:11
2	00.03.02		3	00.07.24		4	00.09.19		5	00.11.29		5	00.12.21		5	00.15.30		5	00.16.10		5	00.17.27		5	00.18.42		5	00.19.53	
100	6	01:55	CL	2	00:08																								
5	00.21.48		4	00.21.56																									

Pos.	Nome	Società	Tempo
5	GUNVOR Skjeset	Vang OL	00.26.25

32	6	04:19	39	11	05:03	51	6	00:50	44	8	03:22	49	7	01:03	41	8	02:05	40	13	00:49	50	9	02:32	37	9	02:20	48	12	01:28
6	00.04.19		5	00.09.22		5	00.10.12		6	00.13.34		6	00.14.37		6	00.16.42		6	00.17.31		6	00.20.03		6	00.22.23		6	00.23.51	
100	10	02:23	CL	11	00:11																								
6	00.26.14		5	00.26.25																									

Pos.	Nome	Società	Tempo
6	RUDITE Šterna	Sigulda	00.26.46

32	8	05:34	39	13	06:20	51	9	01:03	44	6	03:08	49	8	01:04	41	6	01:58	40	17	01:25	50	4	01:24	37	5	01:38	48	3	00:57
8	00.05.34		6	00.11.54		6	00.12.57		7	00.16.05		7	00.17.09		7	00.19.07		7	00.20.32		7	00.21.56		7	00.23.34		7	00.24.31	
100	8	02:07	CL	2	00:08																								
7	00.26.38		6	00.26.46																									

Pos.	Nome	Società	Tempo
7	KARI Bugge	Verdal OK	00.32.34

32	10	08:32	39	9	04:42	51	11	01:05	44	10	03:49	49	15	01:38	41	5	01:54	40	9	00:42	50	8	02:27	37	6	01:52	48	13	01:34
10	00.08.32		7	00.13.14		8	00.14.19		10	00.18.08		10	00.19.46		9	00.21.40		9	00.22.22		9	00.24.49		8	00.26.41		8	00.28.15	
100	18	04:08	CL	11	00:11																								
8	00.32.23		7	00.32.34																									

Pos.	Nome	Società	Tempo
8	TORIL ELISABET Riddervold	Heming Orientering	00.34.35

32	9	05:54	39	15	07:29	51	1	00:32	44	11	03:57	49	11	01:10	41	9	02:08	40	15	00:54	50	10	02:38	37	17	06:11	48	15	01:58
9	00.05.54		9	00.13.23		7	00.13.55		9	00.17.52		9	00.19.02		8	00.21.10		8	00.22.04		8	00.24.42		10	00.30.53		11	00.32.51	
100	3	01:34	CL	9	00:10																								
9	00.34.25		8	00.34.35																									

Pos.	Nome	Società	Tempo
9	MARIT FORTHUN Vågsnes	Kolbotn & Skimt OL	00.35.44

32	18	15:59	39	1	02:13	51	3	00:42	44	14	04:54	49	6	00:58	41	7	01:59	40	1	00:27	50	6	01:58	37	11	02:45	48	1	00:43
18	00.15.59		13	00.18.12		13	00.18.54		13	00.23.48		13	00.24.46		12	00.26.45		12	00.27.12		11	00.29.10		11	00.31.55		10	00.32.38	
100	14	02:53	CL	15	00:13																								
10	00.35.31		9	00.35.44																									

Pos.	Nome	Società	Tempo
10	MAJ-BRITT GADD Gustafsson	Helsingborgs SOK	00.35.54

32	12	08:53	39	10	04:55	51	17	01:31	44	9	03:28	49	17	02:23	41	12	03:47	40	6	00:38	50	11	02:48	37	4	01:35	48	18	02:34
12	00.08.53		11	00.13.48		12	00.15.19		11	00.18.47		12	00.21.10		10	00.24.57		10	00.25.35		10	00.28.23		9	00.29.58		9	00.32.32	
100	15	03:14	CL	2	00:08																								
11	00.35.46		10	00.35.54																									

Pos.	Nome	Società	Tempo
11	ASTRID Lunde	Drangedal O-lag	00.36.55

32	4	04:02	39	17	09:50	51	9	01:03	44	5	02:54	49	11	01:10	41	16	07:19	40	12	00:48	50	13	03:01	37	7	02:10	48	16	02:23
4	00.04.02		12	00.13.52		11	00.14.55		8	00.17.49		8	00.18.59		11	00.26.18		11	00.27.06		12	00.30.07		12	00.32.17		12	00.34.40	
100	7	02:05	CL	9	00:10																								
12	00.36.45		11	00.36.55																									

Pos.	Nome	Società	Tempo
12	GERD ANITHA KOLBERG Olsen	Kolbotn & Skimt OL	00.43.02

32	7	05:14	39	16	08:28	51	14	01:12	44	13	04:17	49	13	01:20	41	15	06:28	40	15	00:54	50	18	04:18	37	15	04:41	48	17	02:33
7	00.05.14		10	00.13.42		10	00.14.54		12	00.19.11		11	00.20.31		13	00.26.59		13	00.27.53		13	00.32.11		13	00.36.52		13	00.39.25	
100	17	03:25	CL	13	00:12																								
13	00.42.50		12	00.43.02																									

Pos.	Nome	Società	Tempo
13	ASTRID INGER WENDLEBO Ormberg	Fana IL	00.43.49

32	16	15:19	39	3	03:05	51	16	01:15	44	15	05:11	49	8	01:04	41	10	02:32	40	11	00:47	50	14	03:33	37	18	06:20	48	4	01:08
16	00.15.19		14	00.18.24		15	00.19.39		14	00.24.50		14	00.25.54		14	00.28.26		14	00.29.13		14	00.32.46		14	00.39.06		14	00.40.14	
100	16	03:18	CL	18	00:17																								
14	00.43.32		13	00.43.49																									

Pos.	Nome	Società	Tempo
14	ELI Kristoffersen	Verdal OK	00.44.09

32	14	10:03	39	4	03:12	51	13	01:09	44	17	12:06	49	10	01:09	41	13	04:17	40	10	00:45	50	15	03:43	37	14	04:06	48	8	01:16
14	00.10.03		8	00.13.15		9	00.14.24		15	00.26.30		15	00.27.39		15	00.31.56		15	00.32.41		15	00.36.24		15	00.40.30		15	00.41.46	
100	9	02:14	CL	7	00:09																								
15	00.44.00		14	00.44.09																									

Pos.	Nome	Società	Tempo
15	MARGARETA Sjöberg	Lunds OK	00.49.55

32	17	15:48	39	14	06:40	51	7	00:55	44	7	03:15	49	14	01:29	41	17	07:46	40	8	00:41	50	16	03:55	37	16	04:50	48	14	01:41
17	00.15.48		16	00.22.28		16	00.23.23		16	00.26.38		16	00.28.07		16	00.35.53		16	00.36.34		16	00.40.29		16	00.45.19		16	00.47.00	
100	13	02:43	CL	13	00:12																								
16	00.49.43		15	00.49.55																									

...Categoria: W65

Pos.	Nome	Società	Tempo
16	KARI Natås	Bergen TF	01.06.03
17	EVA Krzywinski	Bergen TF	01.09.09
-	BRITT Eriksson	Sala OK	Ritirato
-	ANNE MARIT Færden	Kolbotn & Skimt OL	Squalificato

32	11	08:35	39	19	29:58	51	12	01:07	44	16	09:25	49	16	01:46	41	14	05:13	40	14	00:51	50	12	02:52	37	8	02:17	48	11	01:20
11		00.08.35	18		00.38.33	18		00.39.40	18		00.49.05	18		00.50.51	18		00.56.04	17		00.56.55	17		00.59.47	17		01.02.04	17		01.03.24
100	10	02:23	CL	17	00:16																								
17		01.05.47	16		01.06.03																								
32	13	09:42	39	18	14:13	51	19	03:58	44	12	04:14	49	18	05:03	41	18	13:48	40	18	09:28	50	7	02:26	37	10	02:21	48	7	01:15
13		00.09.42	17		00.23.55	17		00.27.53	17		00.32.07	17		00.37.10	17		00.50.58	18		01.00.26	18		01.02.52	18		01.05.13	18		01.06.28
100	12	02:27	CL	16	00:14																								
18		01.08.55	17		01.09.09																								
32	15	12:59	39	12	06:00	51	2	00:33	49	0	02:43	50	0	07:20	100	0	00:46	RI	-	00:10									
15		00.12.59	15		00.18.59	14		00.19.32	0		00.22.15	0		00.29.35	0		00.30.21	18		00.30.31									
32	19	710:03	39	2	02:34	51	15	01:13	44	18	--:--	49	1	00:36	41	1	01:01	40	2	00:28	50	17	04:10	37	13	03:45	48	2	00:49
19		11.50.03	19		11.52.37	19		11.53.50	1		00.02.59	1		00.03.35	1		00.04.36	1		00.05.04	1		00.09.14	1		00.12.59	1		00.13.48
100	1	01:22	SQ	1	00:05																								
1		00.15.10	19		00.15.15																								

Categoria: M75

(Lunghezza 1100 m - Dislivello 20 m - Kmsf 1,30)

Pos.	Nome	Società	Tempo
1	ERLAND Ling	Jönköpings OK	00.13.57
2	ARVID IVAN Ernvid	Ulricehamns OK	00.14.37
3	LARS Kjellman	Vandrarringen	00.19.33
4	STURE Nilsson	Stockholmspolisens IF OF	00.20.05
5	MAGNE Klovning	Porsgrunn OL	00.20.46
6	STIG Berge	Freidig	00.22.11
7	THORBJØRN JOHAN Bjørlo	Gimle IF	00.22.53

48	2	01:29	34	5	00:49	52	2	02:17	44	4	01:17	49	2	00:50	41	2	01:26	40	5	00:38	50	1	01:13	53	1	00:43	37	1	00:52
2		00.01.29	2		00.02.18	1		00.04.35	2		00.05.52	2		00.06.42	1		00.08.08	1		00.08.46	1		00.09.59	1		00.10.42	1		00.11.34
100	8	02:13	CL	3	00:10																								
1		00.13.47	1		00.13.57																								
48	6	01:47	34	4	00:46	52	1	02:09	44	1	01:02	49	4	00:53	41	5	01:46	40	1	00:29	50	9	02:28	53	2	00:47	37	3	00:59
6		00.01.47	3		00.02.33	2		00.04.42	1		00.05.44	1		00.06.37	2		00.08.23	2		00.08.52	2		00.11.20	2		00.12.07	2		00.13.06
100	2	01:22	CL	2	00:09																								
2		00.14.28	2		00.14.37																								
48	6	01:47	34	7	01:00	52	4	02:35	44	11	01:50	49	3	00:51	41	1	01:21	40	6	00:39	50	11	05:04	53	11	01:54	37	4	01:01
6		00.01.47	5		00.02.47	3		00.05.22	4		00.07.12	4		00.08.03	4		00.09.24	3		00.10.03	5		00.15.07	6		00.17.01	5		00.18.02
100	1	01:21	CL	3	00:10																								
3		00.19.23	3		00.19.33																								
48	4	01:41	34	8	01:05	52	6	03:29	44	10	01:37	49	8	01:17	41	9	04:03	40	9	00:46	50	4	01:32	53	5	00:57	37	10	01:14
4		00.01.41	4		00.02.46	5		00.06.15	5		00.07.52	6		00.09.09	6		00.13.12	6		00.13.58	6		00.15.30	5		00.16.27	4		00.17.41
100	7	02:11	CL	9	00:13																								
4		00.19.52	4		00.20.05																								
48	1	01:18	34	2	00:43	52	8	05:02	44	2	01:09	49	1	00:48	41	7	01:50	40	3	00:36	50	6	02:13	53	8	01:08	37	11	04:24
1		00.01.18	1		00.02.01	6		00.07.03	6		00.08.12	5		00.09.00	5		00.10.50	5		00.11.26	4		00.13.39	4		00.14.47	6		00.19.11
100	4	01:28	CL	1	00:07																								
5		00.20.39	5		00.20.46																								
48	11	04:48	34	12	03:20	52	5	03:03	44	8	01:25	49	10	01:46	41	4	01:39	40	7	00:43	50	3	01:31	53	4	00:56	37	9	01:10
11		00.04.48	12		00.08.08	10		00.11.11	9		00.12.36	9		00.14.22	8		00.16.01	8		00.16.44	8		00.18.15	8		00.19.11	8		00.20.21
100	5	01:36	CL	10	00:14																								
6		00.21.57	6		00.22.11																								
48	9	03:35	34	5	00:49	52	7	03:53	44	12	02:01	49	9	01:27	41	8	02:17	40	8	00:45	50	5	01:59	53	10	01:38	37	8	01:09
9		00.03.35	9		00.04.24	7		00.08.17	7		00.10.18	7		00.11.45	7		00.14.02	7		00.14.47	7		00.16.46	7		00.18.24	7		00.19.33
100	10	03:08	CL	8	00:12																								
7		00.22.41	7		00.22.53																								

...Categoria: M75

Pos.	Nome	Società	Tempo
8	ASBJØRN Bræck	Kongsberg OL	00.25.42

48	8	01:48	34	9	01:13	52	10	07:46	44	7	01:21	49	7	01:06	41	10	04:08	40	3	00:36	50	8	02:27	53	7	01:06	37	7	01:06
8	00.01.48	7	00.03.01	8	00.10.47	8	00.12.08	8	00.13.14	9	00.17.22	9	00.17.58	9	00.20.25	9	00.21.31	9	00.22.37										
100	9	02:55	CL	3	00:10																								
8	00.25.32	8	00.25.42																										

9	LARS OLOF Cedérus	Snättringe SK	00.26.01

48	4	01:41	34	11	01:24	52	11	08:05	44	9	01:33	49	12	03:01	41	11	04:27	40	2	00:35	50	2	01:26	53	6	01:01	37	6	01:02
4	00.01.41	8	00.03.05	9	00.11.10	10	00.12.43	11	00.15.44	11	00.20.11	11	00.20.46	11	00.22.12	10	00.23.13	10	00.24.15										
100	5	01:36	CL	3	00:10																								
9	00.25.51	9	00.26.01																										

10	TRYGVE Fosse	Gimle IF	00.26.05

48	10	04:08	34	2	00:43	52	12	08:06	44	5	01:19	49	11	02:29	41	3	01:27	40	9	00:46	50	10	03:10	53	9	01:27	37	2	00:56
10	00.04.08	10	00.04.51	12	00.12.57	12	00.14.16	12	00.16.45	10	00.18.12	10	00.18.58	10	00.22.08	11	00.23.35	11	00.24.31										
100	3	01:23	CL	7	00:11																								
10	00.25.54	10	00.26.05																										

11	CARL BAMSE Bjørseth	B&OI	00.26.54

48	3	01:30	34	10	01:22	52	3	02:34	44	3	01:10	49	5	00:58	41	6	01:47	40	9	00:46	50	7	02:19	53	3	00:52	37	4	01:01
3	00.01.30	6	00.02.52	4	00.05.26	3	00.06.36	3	00.07.34	3	00.09.21	4	00.10.07	3	00.12.26	3	00.13.18	3	00.14.19										
100	11	12:18	CL	11	00:17																								
11	00.26.37	11	00.26.54																										

-	FLEMMING ARILD Larsen	HSOK.DK	Punz. Mancante

48	12	05:04	34	1	00:38	52	9	07:03	44	6	01:20	49	6	01:01	40	0	05:48	50	0	02:14	53	0	01:06	37	0	01:03	100	0	07:33
12	00.05.04	11	00.05.42	11	00.12.45	11	00.14.05	10	00.15.06	0	00.20.54	0	00.23.08	0	00.24.14	0	00.25.17	0	00.32.50										
PM	-	00:12																											
12	00.33.02																												

Categoria: W70

(Lunghezza 1100 m - Dislivello 20 m - Kmsf 1,30)

Pos.	Nome	Società	Tempo
1	TORILL NEBELL Mikkelsen	Berger og Svelvik OL	00.15.45

48	15	02:03	34	2	00:48	52	2	02:39	44	10	01:20	49	8	00:58	41	9	01:49	40	16	00:45	50	8	01:38	53	7	01:04	37	6	01:02
15	00.02.03	6	00.02.51	3	00.05.30	3	00.06.50	3	00.07.48	3	00.09.37	3	00.10.22	3	00.12.00	2	00.13.04	2	00.14.06										
100	4	01:33	CL	5	00:06																								
1	00.15.39	1	00.15.45																										

2	ING-MARIE Mozelius	Stora Tuna OK	00.15.54

48	4	01:29	34	7	00:59	52	3	02:44	44	4	01:10	49	10	01:00	41	4	01:43	40	9	00:38	50	3	01:26	53	17	01:36	37	3	00:52
4	00.01.29	4	00.02.28	2	00.05.12	2	00.06.22	2	00.07.22	2	00.09.05	2	00.09.43	1	00.11.09	1	00.12.45	1	00.13.37										
100	11	02:13	CL	1	00:04																								
2	00.15.50	2	00.15.54																										

3	TURID Nystrøm	Stavanger OK	00.16.23

48	9	01:44	34	11	01:10	52	7	03:08	44	15	01:25	49	5	00:56	41	8	01:48	40	7	00:37	50	6	01:36	53	10	01:11	37	17	01:20
9	00.01.44	8	00.02.54	5	00.06.02	4	00.07.27	4	00.08.23	4	00.10.11	4	00.10.48	4	00.12.24	3	00.13.35	3	00.14.55										
100	1	01:20	CL	7	00:08																								
3	00.16.15	3	00.16.23																										

4	KIRSTEN Bakke	Gjøvard OL	00.17.15

48	20	03:37	34	1	00:46	52	4	02:48	44	6	01:13	49	11	01:02	41	7	01:47	40	10	00:39	50	5	01:31	53	6	01:03	37	8	01:04
20	00.03.37	19	00.04.23	8	00.07.11	7	00.08.24	7	00.09.26	6	00.11.13	6	00.11.52	5	00.13.23	4	00.14.26	4	00.15.30										
100	5	01:35	CL	8	00:10																								
4	00.17.05	4	00.17.15																										

5	BRITT IRENE FORSELL Pirozzi	Skåneslättens OL	00.18.55

48	22	03:42	34	14	01:16	52	1	02:16	44	7	01:14	49	8	00:58	41	1	01:28	40	1	00:32	50	14	02:37	53	12	01:23	37	6	01:02
22	00.03.42	20	00.04.58	9	00.07.14	8	00.08.28	7	00.09.26	5	00.10.54	5	00.11.26	6	00.14.03	6	00.15.26	6	00.16.28										
100	13	02:16	CL	16	00:11																								
5	00.18.44	5	00.18.55																										

6	TORILL Svendsen	Frosta OK	00.19.14

48	6	01:32	34	25	02:24	52	6	03:00	44	21	01:46	49	16	01:12	41	20	02:47	40	14	00:42	50	7	01:37	53	9	01:05	37	13	01:13
6	00.01.32	16	00.03.56	7	00.06.56	9	00.08.42	9	00.09.54	11	00.12.41	10	00.13.23	8	00.15.00	7	00.16.05	7	00.17.18										
100	8	01:46	CL	8	00:10																								
6	00.19.04	6	00.19.14																										

...Categoria: W70

Pos.	Nome	Società	Tempo
7	EVA Kjellman	Vandrarringen	00.20.17
8	MO KATHARINA Berge	Freidig	00.20.44
9	ASTRI Rogstad	Fossum	00.21.06
10	HANNE MARIE SANDE Bræck	Kongsberg OL	00.22.52
11	EDITH Brand	Ulu's Reisewelt	00.23.51
12	ELSE-MARGRETHE Bredland	Søgne og Songdalen OK	00.25.03
13	SIDSEL Sandelien	Heming Orientering	00.25.25
14	SISSEL Olaisen	Kolbotn & Skimt OL	00.25.28
15	ELSE LERCHE Raadal	Fana IL	00.25.54
16	INGELA Hurtig	Kvarnsveden Orientering	00.26.24
17	TEA Forberg	Rond OL	00.29.50
18	LIV Feiring	Hamar o-klubb	00.29.53

48	1	01:17	34	2	00:48	52	22	09:34	44	2	01:01	49	1	00:46	41	4	01:43	40	1	00:32	50	1	01:08	53	2	00:59	37	1	00:47
1	00.01.17		1	00.02.05		22	00.11.39		21	00.12.40		19	00.13.26		16	00.15.09		16	00.15.41		11	00.16.49		11	00.17.48		9	00.18.35	
100	5	01:35	CL	6	00:07																								
7	00.20.10		7	00.20.17																									

48	4	01:29	34	24	02:12	52	16	04:36	44	12	01:21	49	2	00:50	41	14	02:24	40	1	00:32	50	11	01:55	53	14	01:25	37	12	01:12
4	00.01.29		15	00.03.41		13	00.08.17		13	00.09.38		12	00.10.28		12	00.12.52		11	00.13.24		9	00.15.19		9	00.16.44		8	00.17.56	
100	15	02:44	CL	1	00:04																								
8	00.20.40		8	00.20.44																									

48	24	04:01	34	23	02:08	52	8	03:12	44	23	01:51	49	20	01:18	41	11	02:06	40	18	00:46	50	12	01:58	53	7	01:04	37	11	01:10
24	00.04.01		24	00.06.09		19	00.09.21		18	00.11.12		18	00.12.30		14	00.14.36		14	00.15.22		12	00.17.20		12	00.18.24		11	00.19.34	
100	2	01:27	CL	4	00:05																								
9	00.21.01		9	00.21.06																									

48	18	02:37	34	16	01:24	52	17	04:49	44	4	01:10	49	22	01:31	41	22	04:04	40	16	00:45	50	10	01:51	53	12	01:23	37	18	01:37
18	00.02.37		17	00.04.01		16	00.08.50		15	00.10.00		15	00.11.31		17	00.15.35		17	00.16.20		13	00.18.11		13	00.19.34		14	00.21.11	
100	3	01:31	CL	8	00:10																								
11	00.22.42		10	00.22.52																									

48	12	01:54	34	9	01:04	52	18	04:55	44	14	01:24	49	17	01:14	41	16	02:27	40	12	00:40	50	16	03:06	53	2	00:59	37	8	01:04
12	00.01.54		9	00.02.58		12	00.07.53		12	00.09.17		13	00.10.31		13	00.12.58		13	00.13.38		10	00.16.44		10	00.17.43		10	00.18.47	
100	20	04:54	CL	8	00:10																								
12	00.23.41		11	00.23.51																									

48	14	02:00	34	13	01:13	52	12	04:10	44	20	01:41	49	15	01:11	41	13	02:18	40	21	00:52	50	22	05:12	53	15	01:27	37	5	00:58
14	00.02.00		11	00.03.13		10	00.07.23		10	00.09.04		10	00.10.15		10	00.12.33		12	00.13.25		15	00.18.37		14	00.20.04		13	00.21.02	
100	16	03:47	CL	19	00:14																								
13	00.24.49		12	00.25.03																									

48	17	02:17	34	15	01:17	52	19	06:12	44	24	02:25	49	23	01:35	41	12	02:12	40	24	01:02	50	13	02:09	53	18	01:40	37	20	02:06
17	00.02.17		14	00.03.34		20	00.09.46		19	00.12.11		21	00.13.46		18	00.15.58		18	00.17.00		16	00.19.09		16	00.20.49		15	00.22.55	
100	12	02:15	CL	20	00:15																								
14	00.25.10		13	00.25.25																									

48	9	01:44	34	19	01:36	52	15	04:31	44	10	01:20	49	12	01:06	41	10	02:01	40	20	00:48	50	24	08:24	53	2	00:59	37	13	01:13
9	00.01.44		13	00.03.20		11	00.07.51		11	00.09.11		11	00.10.17		9	00.12.18		9	00.13.06		19	00.21.30		17	00.22.29		16	00.23.42	
100	7	01:36	CL	8	00:10																								
15	00.25.18		14	00.25.28																									

48	24	04:01	34	8	01:01	52	13	04:15	44	19	01:38	49	21	01:27	41	17	02:32	40	10	00:39	50	15	02:57	53	16	01:34	37	4	00:55
24	00.04.01		21	00.05.02		18	00.09.17		17	00.10.55		17	00.12.22		15	00.14.54		15	00.15.33		14	00.18.30		14	00.20.04		12	00.20.59	
100	19	04:45	CL	8	00:10																								
16	00.25.44		15	00.25.54																									

48	13	01:56	34	12	01:11	52	21	08:07	44	1	00:59	49	18	01:16	41	21	03:33	40	4	00:34	50	19	03:28	53	21	01:55	37	13	01:13
13	00.01.56		10	00.03.07		21	00.11.14		20	00.12.13		20	00.13.29		20	00.17.02		20	00.17.36		18	00.21.04		18	00.22.59		17	00.24.12	
100	10	02:02	CL	8	00:10																								
17	00.26.14		16	00.26.24																									

48	3	01:26	34	6	00:58	52	20	06:22	44	3	01:03	49	4	00:53	41	2	01:31	40	5	00:35	50	2	01:16	53	1	00:49	37	2	00:50
3	00.01.26		3	00.02.24		14	00.08.46		14	00.09.49		14	00.10.42		8	00.12.13		8	00.12.48		7	00.14.04		5	00.14.53		5	00.15.43	
100	22	13:57	CL	8	00:10																								
18	00.29.40		17	00.29.50																									

48	11	01:49	34	5	00:56	52	23	15:43	44	9	01:17	49	2	00:50	41	6	01:44	40	13	00:41	50	4	01:27	53	5	01:01	37	19	01:46
11	00.01.49		5	00.02.45		24	00.18.28		24	00.19.45		24	00.20.35		23	00.22.19		23	00.23.00		22	00.24.27		21	00.25.28		19	00.27.14	
100	14	02:35	CL	1	00:04																								
19	00.29.49		18	00.29.53																									

...Categoria: W70

Pos.	Nome	Società	Tempo
19	INGRID SOLVEIG Lome-Hagman	Kolbotn & Skimt OL	00.32.33

48	2	01:25	34	18	01:27	52	24	16:34	44	8	01:16	49	6	00:57	41	3	01:36	40	14	00:42	50	8	01:38	53	20	01:48	37	10	01:05
2	00.01.25		7	00.02.52		25	00.19.26		25	00.20.42		25	00.21.39		24	00.23.15		24	00.23.57		24	00.25.35		22	00.27.23		20	00.28.28	
100	17	03:52	CL	18	00:13																								
20	00.32.20		19	00.32.33																									

20	TORHILD NESMANN Halvorsen	Søgne og Songdalen OK	00.39.57

48	23	03:48	34	21	01:39	52	10	03:28	44	26	04:11	49	25	02:00	41	24	04:36	40	19	00:47	50	20	04:08	53	22	02:57	37	21	04:43
23	00.03.48		22	00.05.27		17	00.08.55		22	00.13.06		22	00.15.06		21	00.19.42		21	00.20.29		23	00.24.37		23	00.27.34		21	00.32.17	
100	21	07:20	CL	22	00:20																								
21	00.39.37		20	00.39.57																									

21	ELSA KRISTINA Skoglund	Hellas Orientering	00.48.52

48	19	02:43	34	20	01:38	52	14	04:26	44	17	01:35	49	24	01:42	41	23	04:19	40	22	00:56	50	21	04:28	53	19	01:46	37	22	20:33
19	00.02.43		18	00.04.21		15	00.08.47		16	00.10.22		16	00.12.04		19	00.16.23		19	00.17.19		20	00.21.47		19	00.23.33		22	00.44.06	
100	18	04:29	CL	21	00:17																								
22	00.48.35		21	00.48.52																									

-	ELI Klovning	Porsgrunn OL	Punz. Errata

48	26	718:34	34	17	01:25	52	26	--:--	44	13	01:22	49	18	01:16	41	15	02:26	40	7	00:37	50	18	03:11	53	23	05:00	53	0	03:58
26	11.58.34		26	11.59.59		1	00.02.46		1	00.04.08		1	00.05.24		1	00.07.50		1	00.08.27		2	00.11.38		8	00.16.38		0	00.20.36	
100	9	02:01	PE	17	00:12																								
10	00.22.37		22	00.22.49																									

-	ULLA Ling	Jönköpings OK	Punz. Mancante

48	16	02:14	34	9	01:04	52	5	02:57	44	18	01:36	49	12	01:06	41	18	02:39	40	23	01:01	50	23	06:46	37	0	01:32	100	0	02:11
16	00.02.14		12	00.03.18		6	00.06.15		6	00.07.51		6	00.08.57		7	00.11.36		7	00.12.37		17	00.19.23		0	00.20.55		0	00.23.06	
PM	-	00:16																											
23	00.23.22																												

-	INGER HILDUR Døhlen	Raumar Orientering	Punz. Mancante

48	7	01:34	34	2	00:48	52	11	03:33	44	21	01:46	49	6	00:57	40	0	02:25	50	0	15:42	53	0	00:59	37	0	03:38	100	0	02:22
7	00.01.34		2	00.02.22		4	00.05.55		5	00.07.41		5	00.08.38		0	00.11.03		0	00.26.45		0	00.27.44		0	00.31.22		0	00.33.44	
PM	-	00:15																											
24	00.33.59																												

-	THORUNN AAMODT Ovesen	Lardal OL	Punz. Mancante

48	8	01:43	34	26	09:54	52	9	03:16	44	16	01:28	49	14	01:08	41	18	02:39	40	6	00:36	50	17	03:09	53	11	01:14	37	16	01:14
8	00.01.43		25	00.11.37		23	00.14.53		23	00.16.21		23	00.17.29		22	00.20.08		22	00.20.44		21	00.23.53		20	00.25.07		18	00.26.21	
PM	-	16:59																											
25	00.43.20																												

-	SONJA IRENE Kivisäkk	Tullinge SK	Punz. Mancante

48	21	03:39	34	22	02:03	52	25	17:55	44	25	02:32	49	26	02:17	50	0	01:37	53	0	02:40	37	0	02:33	49	0	07:26	100	0	03:30
21	00.03.39		23	00.05.42		26	00.23.37		26	00.26.09		26	00.28.26		0	00.30.03		0	00.32.43		0	00.35.16		0	00.42.42		0	00.46.12	
PM	-	00:30																											
26	00.46.42																												

Categoria: W75

(Lunghezza 800 m - Dislivello 25 m - Kmsf 1,05)

Pos.	Nome	Società	Tempo
1	ANNE-BRITT Nilsen	Kjelsås IL	00.12.42

31	1	01:04	48	11	01:19	37	4	01:23	38	2	01:01	50	7	01:28	53	4	01:16	52	2	00:47	44	2	01:08	49	2	00:51	40	1	01:06
1	00.01.04		3	00.02.23		4	00.03.46		3	00.04.47		3	00.06.15		1	00.07.31		1	00.08.18		1	00.09.26		1	00.10.17		1	00.11.23	
100	2	01:10	CL	2	00:09																								
1	00.12.33		1	00.12.42																									

2	BARBRO MARGARETA Cedérus	Snättringe SK	00.14.00

31	5	01:32	48	3	00:59	37	2	01:01	38	4	01:07	50	3	01:08	53	8	01:50	52	4	01:04	44	3	01:12	49	3	00:56	40	3	01:19
5	00.01.32		4	00.02.31		3	00.03.32		2	00.04.39		2	00.05.47		2	00.07.37		2	00.08.41		2	00.09.53		2	00.10.49		3	00.12.08	
100	6	01:41	CL	5	00:11																								
2	00.13.49		2	00.14.00																									

3	BIRGITTA Stenström	Vänersborgs SK	00.14.57

31	2	01:07	48	1	00:43	37	1	00:49	38	12	03:39	50	1	01:03	53	2	01:02	52	1	00:44	44	1	01:01	49	1	00:46	40	2	01:08
2	00.01.07		1	00.01.50		1	00.02.39		4	00.06.18		4	00.07.21		4	00.08.23		3	00.09.07		3	00.10.08		3	00.10.54		2	00.12.02	
100	12	02:46	CL	2	00:09																								
3	00.14.48		3	00.14.57																									

...Categoria: W75

Pos.	Nome	Società	Tempo
4	UNNI Drage	Haugerud	00.17.29
5	INGER JOHANNE Røhjell	Byåsen IL	00.17.31
6	ROSA BIRGITTA Mägi	GMOK	00.22.06
6	ÅSTE Eggen	Måren OK	00.22.06
8	AASE TOVE Golden	Måren OK	00.22.43
9	ASBJØRG Bjørlo	Gimle IF	00.23.00
10	GUNVOR Granath	Nynäshamns OK	00.29.21
11	MARIT Aas	Toten Troll	00.34.04
12	EDDA Nilsson	Stockholmspolisens IF OF	00.43.49
13	KARI Sollid	Verdal OK	00.57.29

31	9	01:43	48	4	01:03	37	11	03:27	38	8	01:29	50	10	01:48	53	1	01:01	52	3	01:03	44	5	01:31	49	8	01:25	40	4	01:34
9	00.01.43	6	00.02.46	9	00.06.13	8	00.07.42	7	00.09.30	5	00.10.31	5	00.11.34	5	00.13.05	5	00.14.30	4	00.16.04										
100	3	01:20	CL	1	00:05																								
5	00.17.24	4	00.17.29																										
31	3	01:12	48	2	00:50	37	3	01:08	38	3	01:02	50	9	01:32	53	10	02:16	52	13	01:52	44	6	01:46	49	6	01:19	40	10	03:16
3	00.01.12	2	00.02.02	2	00.03.10	1	00.04.12	1	00.05.44	3	00.08.00	4	00.09.52	4	00.11.38	4	00.12.57	5	00.16.13										
100	1	01:09	CL	2	00:09																								
4	00.17.22	5	00.17.31																										
31	7	01:39	48	8	01:13	37	9	02:43	38	11	01:58	50	12	02:03	53	9	01:55	52	7	01:23	44	8	01:56	49	9	01:29	40	9	03:10
7	00.01.39	8	00.02.52	6	00.05.35	7	00.07.33	8	00.09.36	9	00.11.31	8	00.12.54	6	00.14.50	6	00.16.19	6	00.19.29										
100	10	02:24	CL	7	00:13																								
6	00.21.53	6	00.22.06																										
31	8	01:41	48	13	02:12	37	7	02:12	38	10	01:48	50	11	01:55	53	6	01:37	52	12	01:34	44	10	02:14	49	10	01:50	40	7	02:47
8	00.01.41	10	00.03.53	7	00.06.05	9	00.07.53	9	00.09.48	8	00.11.25	9	00.12.59	7	00.15.13	7	00.17.03	7	00.19.50										
100	8	02:03	CL	7	00:13																								
6	00.21.53	6	00.22.06																										
31	11	04:11	48	5	01:04	37	6	01:41	38	13	04:29	50	2	01:07	53	3	01:08	52	5	01:09	44	4	01:24	49	4	01:15	40	6	02:28
11	00.04.11	11	00.05.15	10	00.06.56	12	00.11.25	11	00.12.32	10	00.13.40	10	00.14.49	9	00.16.13	8	00.17.28	8	00.19.56										
100	11	02:36	CL	5	00:11																								
8	00.22.32	8	00.22.43																										
31	6	01:35	48	9	01:15	37	10	03:20	38	1	00:46	50	6	01:27	53	11	02:30	52	8	01:24	44	13	04:05	49	5	01:16	40	8	02:53
6	00.01.35	7	00.02.50	8	00.06.10	6	00.06.56	6	00.08.23	7	00.10.53	7	00.12.17	10	00.16.22	9	00.17.38	9	00.20.31										
100	9	02:14	CL	11	00:15																								
9	00.22.45	9	00.23.00																										
31	13	07:06	48	9	01:15	37	13	08:11	38	9	01:30	50	4	01:13	53	7	01:38	52	11	01:29	44	7	01:53	49	7	01:22	40	5	01:58
13	00.07.06	13	00.08.21	13	00.16.32	13	00.18.02	12	00.19.15	12	00.20.53	12	00.22.22	12	00.24.15	12	00.25.37	10	00.27.35										
100	4	01:32	CL	9	00:14																								
10	00.29.07	10	00.29.21																										
31	12	05:58	48	7	01:08	37	5	01:27	38	7	01:26	50	13	10:57	53	5	01:35	52	6	01:15	44	9	02:05	49	11	02:07	40	11	04:16
12	00.05.58	12	00.07.06	11	00.08.33	10	00.09.59	13	00.20.56	13	00.22.31	13	00.23.46	13	00.25.51	13	00.27.58	12	00.32.14										
100	5	01:36	CL	9	00:14																								
11	00.33.50	11	00.34.04																										
31	4	01:28	48	6	01:06	37	8	02:40	38	6	01:18	50	5	01:19	53	12	02:40	52	10	01:28	44	12	04:01	49	12	02:12	40	12	10:36
4	00.01.28	5	00.02.34	5	00.05.14	5	00.06.32	5	00.07.51	5	00.10.31	6	00.11.59	8	00.16.00	10	00.18.12	11	00.28.48										
100	13	14:28	CL	12	00:33																								
13	00.43.16	12	00.43.49																										
31	10	02:20	48	12	01:23	37	12	05:24	38	5	01:13	50	8	01:29	53	13	02:58	52	9	01:26	44	11	02:16	49	13	03:39	40	13	12:49
10	00.02.20	9	00.03.43	12	00.09.07	11	00.10.20	10	00.11.49	11	00.14.47	11	00.16.13	11	00.18.29	11	00.22.08	13	00.34.57										
100	7	01:45	CL	13	20:47																								
12	00.36.42	13	00.57.29																										

Categoria: M80

(Lunghezza 800 m - Dislivello 25 m - Kmsf 1,05)

Pos.	Nome	Società	Tempo
1	ULF RONNIE Eskilsson	OK Södertörn	00.11.22

31	1	00:57	48	2	00:49	37	1	00:58	38	3	01:09	50	2	01:03	53	3	01:07	52	1	01:00	44	1	01:07	49	1	00:53	40	1	01:07
1	00.00.57	1	00.01.46	1	00.02.44	1	00.03.53	1	00.04.56	1	00.06.03	1	00.07.03	1	00.08.10	1	00.09.03	1	00.10.10										
100	1	01:01	CL	4	00:11																								
1	00.11.11	1	00.11.22																										

...Categoria: M80

Pos.	Nome	Società	Tempo
2	TOR Drage	Haugerud	00.13.02
3	ARNE CHR. Scheie	Østmarka OK	00.17.08
4	ARNFINN LOTHAR Langeland	Byåsen IL	00.17.59
5	ENN Kivisäkk	Tullinge SK	00.20.16
6	OLE ARNFINN Bujordet	Kristiansand OK	00.20.33
7	JOHANNES Sollid	Verdal OK	00.22.15
8	EINAR Jørundland	OK Sør	00.26.25

Pos.																														
2	31	2	01:06	48	1	00:43	37	7	01:49	38	2	01:08	50	1	00:57	53	1	01:04	52	2	01:01	44	2	01:14	49	2	01:08	40	2	01:25
	2	00.01.06		2	00.01.49		2	00.03.38		2	00.04.46		2	00.05.43		2	00.06.47		2	00.07.48		2	00.09.02		2	00.10.10		2	00.11.35	
	100	3	01:16	CL	4	00:11																								
	2	00.12.51		2	00.13.02																									
3	31	3	01:11	48	8	03:08	37	4	01:21	38	5	01:19	50	3	01:04	53	4	01:20	52	3	01:06	44	6	01:56	49	3	01:16	40	5	01:52
	3	00.01.11		8	00.04.19		7	00.05.40		7	00.06.59		4	00.08.03		3	00.09.23		3	00.10.29		4	00.12.25		4	00.13.41		4	00.15.33	
	100	4	01:23	CL	6	00:12																								
	3	00.16.56		3	00.17.08																									
4	31	7	02:14	48	7	01:44	37	8	02:05	38	1	01:06	50	4	01:15	53	2	01:06	52	4	01:13	44	3	01:26	49	5	01:18	40	3	01:28
	7	00.02.14		7	00.03.58		8	00.06.03		8	00.07.09		7	00.08.24		4	00.09.30		4	00.10.43		3	00.12.09		3	00.13.27		3	00.14.55	
	100	7	02:58	CL	1	00:06																								
	4	00.17.53		4	00.17.59																									
5	31	6	01:55	48	5	01:19	37	6	01:46	38	7	01:53	50	5	01:23	53	6	01:59	52	6	01:30	44	8	02:12	49	7	01:36	40	7	02:45
	6	00.01.55		6	00.03.14		6	00.05.00		6	00.06.53		6	00.08.16		6	00.10.15		5	00.11.45		6	00.13.57		5	00.15.33		7	00.18.18	
	100	5	01:49	CL	2	00:09																								
	5	00.20.07		5	00.20.16																									
6	31	5	01:43	48	4	01:17	37	5	01:32	38	4	01:17	50	7	02:18	53	8	02:47	52	7	01:35	44	5	01:48	49	6	01:19	40	4	01:45
	5	00.01.43		3	00.03.00		5	00.04.32		3	00.05.49		5	00.08.07		7	00.10.54		7	00.12.29		7	00.14.17		6	00.15.36		5	00.17.21	
	100	6	02:56	CL	7	00:16																								
	6	00.20.17		6	00.20.33																									
7	31	4	01:37	48	6	01:23	37	2	01:16	38	8	02:06	50	6	01:28	53	7	02:13	52	8	01:43	44	7	01:59	49	8	01:59	40	6	02:29
	4	00.01.37		3	00.03.00		3	00.04.16		5	00.06.22		3	00.07.50		5	00.10.03		6	00.11.46		5	00.13.45		7	00.15.44		6	00.18.13	
	100	8	03:41	CL	8	00:21																								
	7	00.21.54		7	00.22.15																									
8	31	7	02:14	48	3	00:56	37	3	01:19	38	6	01:28	50	8	10:03	53	5	01:42	52	5	01:25	44	4	01:47	49	3	01:16	40	8	02:55
	7	00.02.14		5	00.03.10		4	00.04.29		4	00.05.57		8	00.16.00		8	00.17.42		8	00.19.07		8	00.20.54		8	00.22.10		8	00.25.05	
	100	2	01:10	CL	3	00:10																								
	8	00.26.15		8	00.26.25																									

Categoria: M85

(Lunghezza 800 m - Dislivello 25 m - Kmsf 1,05)

Pos.	Nome	Società	Tempo
1	JAKOB PETER Larsen	HSOK.DK	00.20.14
2	PER Mathismoen	Fana IL	00.23.10

Pos.																														
1	31	1	01:33	48	1	01:32	37	1	01:16	38	2	02:23	50	2	04:01	53	1	01:27	52	1	01:16	44	1	01:56	49	1	01:23	40	1	01:51
	1	00.01.33		1	00.03.05		1	00.04.21		1	00.06.44		1	00.10.45		1	00.12.12		1	00.13.28		1	00.15.24		1	00.16.47		1	00.18.38	
	100	1	01:24	CL	1	00:12																								
	1	00.20.02		1	00.20.14																									
2	31	2	02:55	48	2	01:52	37	2	01:44	38	1	01:28	50	1	03:57	53	2	01:35	52	2	02:17	44	2	02:02	49	2	01:29	40	2	01:52
	2	00.02.55		2	00.04.47		2	00.06.31		2	00.07.59		2	00.11.56		2	00.13.31		2	00.15.48		2	00.17.50		2	00.19.19		2	00.21.11	
	100	2	01:47	CL	1	00:12																								
	2	00.22.58		2	00.23.10																									

Categoria: W80

(Lunghezza 800 m - Dislivello 25 m - Kmsf 1,05)

Pos.	Nome	Società	Tempo
1	EVA Bujordet	Kristiansand OK	00.27.36

Pos.																														
1	31	2	01:47	48	2	01:52	37	2	02:06	38	1	02:17	50	2	06:15	53	1	01:49	52	1	01:30	44	2	02:37	49	2	01:30	40	2	04:06
	2	00.01.47		2	00.03.39		2	00.05.45		1	00.08.02		2	00.14.17		1	00.16.06		1	00.17.36		1	00.20.13		1	00.21.43		1	00.25.49	
	100	1	01:31	CL	2	00:16																								
	1	00.27.20		1	00.27.36																									

...Categoria: W80

Pos.	Nome	Società	Tempo
-	GUDVEIG Jørundland	OK Sør	Squalificato

31	1	01:04	48	1	00:59	37	1	01:09	38	2	06:29	50	1	03:55	53	2	05:22	52	2	03:26	44	1	01:50	49	1	01:21	40	1	01:43
1	00.01.04	1	00.02.03	1	00.03.12	2	00.09.41	1	00.13.36	2	00.18.58	2	00.22.24	2	00.24.14	2	00.25.35	2	00.27.18										
100	2	01:36	SQ	1	00:05																								
2	00.28.54	2	00.28.59																										

Categoria: OPEN3

(Lunghezza 800 m - Dislivello 25 m - Kmsf 1,05)

Pos.	Nome	Società	Tempo
1	ARNE Grøndahl	Sollerød OK	00.28.58

31	2	02:13	48	1	01:54	37	1	02:09	38	2	06:18	50	1	03:06	53	3	01:50	52	1	01:40	44	1	02:01	49	3	02:09	40	2	03:07
2	00.02.13	1	00.04.07	1	00.06.16	1	00.12.34	1	00.15.40	1	00.17.30	1	00.19.10	1	00.21.11	1	00.23.20	1	00.26.27										
100	1	02:16	CL	3	00:15																								
1	00.28.43	1	00.28.58																										

2	INGER Munck	OK HTF Haderslev	00.37.45

31	4	07:19	48	2	02:21	37	2	02:37	38	1	02:25	50	4	05:41	53	4	02:34	52	3	02:05	44	4	03:36	49	4	02:19	40	1	02:52
4	00.07.19	4	00.09.40	4	00.12.17	2	00.14.42	2	00.20.23	2	00.22.57	2	00.25.02	2	00.28.38	2	00.30.57	2	00.33.49										
100	4	03:37	CL	4	00:19																								
2	00.37.26	2	00.37.45																										

3	SVEN-ERIK Kristiansen	PWT	00.41.43

31	1	02:06	48	4	03:46	37	4	02:54	38	3	15:37	50	3	04:20	53	2	01:17	52	2	01:59	44	3	02:32	49	2	01:12	40	3	03:10
1	00.02.06	2	00.05.52	2	00.08.46	3	00.24.23	3	00.28.43	3	00.30.00	3	00.31.59	3	00.34.31	3	00.35.43	3	00.38.53										
100	2	02:36	CL	2	00:14																								
3	00.41.29	3	00.41.43																										

4	ELSE FRØYDIS Berg	PWT	00.43.36

31	3	04:03	48	3	03:42	37	3	02:53	38	4	15:52	50	2	04:08	53	1	01:15	52	4	02:08	44	2	02:21	49	1	01:07	40	4	03:14
3	00.04.03	3	00.07.45	3	00.10.38	4	00.26.30	4	00.30.38	4	00.31.53	4	00.34.01	4	00.36.22	4	00.37.29	4	00.40.43										
100	3	02:42	CL	1	00:11																								
4	00.43.25	4	00.43.36																										